



# WESTERN INVESTING FOR HEALTH ACTIVITY REPORT

2007 / 2008

*Incorporating the activities of the Western Drugs and Alcohol Team, Tobacco Control Group, Health Promotion Commissioner, Western Health Action Zone, Cook-It, Community Development Unit, Big Lottery Health Programme and the Western IFH Core Team.*

31 March 2008



**Cook it!**  
fun, fast food for less



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## SECTION 1 - INTRODUCTION

*Within the WHSSB area the wider health improvement agenda is strategically placed under the Investing for Health function. Health improvement is viewed in its widest context with the IFH Manager holding a directors position within WHSSB and sitting as a member of the Boards Senior Management Team (SMT) with direct access to the various Board committees. This allows for a more integrated approach to addressing health improvement and addressing health inequalities across all functional areas of the Boards business. This structure also ensures that health improvement is to the core of the wider commissioning work of the Board and therefore directly impacts on the service delivery of the Trust.*

*The Investing for Health team at the WHSSB is made up of the following elements:*

- *Western Investing for Health Core Team (WIFH)*
- *Western Health Action Zone (HAZ) – Until December 2007.*
- *WHSSB Community Development Unit*
- *WHSSB Health Promotion Commissioner*
- *Western Drugs & Alcohol Team*
- *Western Tobacco Control Group*
- *Interagency Coordinator/WASOP*
- *Cook It Programme – Until December 2007.*
- *Non Financial Monitoring & Evaluation*

*In addition, the work of the Health Promotion Department in WHSCT is closely aligned with the work of the IFH team both in terms of the delivery of the various health promotion strategies and in the delivery of additional work they carry out. As part of the restructuring of service design and delivery a Health Improvement Advisory Panel (HIAP) was established to support the role of the HP Commissioner in terms of developing the priorities for health promotion and health improvement for the HPSS and its interagency partners. The HIAP is chaired by the IFH Manager.*

*Under RPA the HAZ and Cook It! Teams transferred to the WHSCT in January 2008, although this is new under further review with the proposals for a Regional Public Health Agency.*

*Whereas the strategic lead in WHSSB is the Commissioner for Children and Young People, a significant number of activities are directly commissioned for Health promotion and reported on in this document.*

*The purpose of this report is to inform you of the activities of the wider health improvement team in respect of contributing to the 7 objectives laid out in the original IFH Strategy of March 2002. The report also reflects the actions that have been taken against the WIFH strategic approach, across 4 age – based themes.*

Furthermore the report provides details of how the investment on health promotion/health improvement activities has been invested in the following strategies:

- Investing for Health
- New Strategic Direction – Alcohol and Drugs
- Tobacco Control Group
- Sexual Health Strategy
- Teenage Pregnancy Strategy
- Mental Health Promotion
- Physical Activity
- Fit Futures
- Diet & Nutrition
- Accident Prevention

In addition to the above the IFH team have actively been engaged and led on the development of a delivery plan for the Suicide Prevention Strategy – Protect Life and the below initiatives:

- Integrated Community Development Programme
- Information & Publicity Campaign
- Conference for those bereaved by suicide
- Training
- Multi-media and Youth Projects
- Strategy Linkages
- Mental Health & Debt
- Reporting of Suicides / PSNI Liaison

The total investment in health improvement during 2007/08 was £1,966,402. This was made up of the following and detailed further in Section 5.

Investing for Health	£403,283
NSD Drugs & Alcohol	£835,869
Tobacco Action Plans	£207,250
Sexual Health & Teenage Pregnancy	£146,000
Mental Health Promotion	£88,000
Fit Futures / Physical Activity	£152,000
Accident Prevention	£52,000
Suicide Prevention Strategy	<u>£82,000</u>
	£1,966,402

The work of all the staff that has been part of the wider IFH team has to be acknowledged and the individuals are listed in the appendices. The staff team meet on a regular basis to review the strategic workings of the team and learn from each other's experience and priorities. It is recognised that there is a significant challenge in managing, informing and communicating with such a diverse team of people but there is strong commitment from all to continue to improve the efficiency and effectiveness of the WIFH team.

**SECTION 2 – GLOSSARY OF TERMS**

<b>CDU</b>	<i>Community Development Unit (WHSSB)</i>
<b>WIFH</b>	<i>Western Investing for Health Partnership</i>
<b>WHAZ</b>	<i>Western Health Action Zone</i>
<b>WDACT</b>	<i>Western Drugs and Alcohol Coordination Team</i>
<b>WTCG</b>	<i>Western Tobacco Control Group</i>
<b>HLC</b>	<i>Healthy Living Centre</i>
<b>HPD</b>	<i>WHSCCT Health Promotion Department</i>

## SECTION 3 – OVERALL CORPORATE ACTIVITY

*This table highlights a range of activities undertaken as part of the overall corporate activity. Some of the actions outlined below may not fit neatly within one or other of the seven IFH objectives. Other actions cut across all seven and therefore have been included in this table to minimise duplications of reporting throughout the document.*

*IFH Aim 1: To improve the health status of all our people*

*IFH Aim 2: To reduce inequalities in health*

<p><i>Corporate/ General Key Developments</i></p>	<p><u>Community Development Unit</u></p> <ul style="list-style-type: none"> <li>□ <i>Continue to lead in developing mechanisms to ensure users are fully engaged in the commissioning of services.</i></li> <li>□ <i>Community Development Unit oversees and monitors performance against agreed targets identified in the actions plans of the Community Development Strategy.</i></li> </ul> <p><u>Non-financial Monitoring and Evaluation</u></p> <ul style="list-style-type: none"> <li>□ <i>Non-financial monitoring and evaluation reports were completed on a number of projects. Most importantly, the evaluation of Neighbourhood Renewal projects led to improved service delivery by identifying areas of work funded that were not contributing to health improvement and which could be more appropriately funded by other sources.</i></li> </ul> <p><u>Cook It!</u></p> <ul style="list-style-type: none"> <li>□ <i>Funding for Community Food and Nutrition Team secured. Team will continue to provide training and support for Cook it! but will also extend training and support to other food and nutrition programmes based in the community/voluntary sectors.</i></li> <li>□ <i>Consultation with representatives from community and voluntary sectors took place in October and November to determine expectations regarding the role of the Community Food and Nutrition Team</i></li> </ul> <p><u>Big Lottery</u></p> <ul style="list-style-type: none"> <li>□ <i>CDU Commissioned an External evaluation of the 14 Big Lottery Funded projects, which has now been completed. Evaluation of both the Coronary Heart Disease, Stroke and Cancer programme and the Palliative Care initiatives has been positive with clear findings that projects are engaged in significant partnership working and are making an impact in bringing about real improvements.</i></li> <li>□ <i>The Inter – agency coordinator continued to provide the supervision and monitoring of the BLF inter agency</i></li> </ul>
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programmes. The BIG Lottery Umbrella Programme provided funding to community-based prevention projects, as well as projects to improve access to diagnosis and treatment services. Under this programme grants were also awarded to projects aimed at improving the quality of life of people who have had strokes and schemes to promote healthy eating at low cost. Umbrella Grant projects will conclude in March 2008

- (BLF) –Secondary Prevention Initiative. This project put in place a specially trained nurse facilitator to establish secondary prevention databases for GP practices in the southern sector of the WHSSB area. This has been mainstreamed through The Family Practitioner Unit at the Western Board.
- (BLF) - Chronic Heart Failure Nurse Specialist. The project endeavoured to ensure that there are improvements in the post-discharge management of patients with chronic heart failure, to improve their quality of life and reduce unnecessary admissions to hospital. This project has been mainstreamed through Long Term Conditions Management Funding.
- (BLF) - Nurse led prostate Cancer information and counselling centre. The project has established a prostate Cancer information and counselling centre based at the Cancer unit (Altnagelvin Hospital) with outreach clinics as appropriate. This project has been mainstreamed through funding identified by the BIG Lottery Steering Group.
- (BLF) - Moving on Foyle. This project aimed to improve the quality of life of younger people (16-64 years old) who have had a stroke in the in the northern sector of the Board's area through the provision of a community based specialised support and rehabilitation programme. This project has been mainstreamed through funding identified by the BIG Lottery Steering Group.
- (BLF) - Stroke Liaison Specialist Nurse Project. The project recruited two liaison specialist Stroke nurses to work in both Stroke units and the community to: maintain a Stroke database, develop a liaison service, develop education and training, follow up cases with regard to secondary prevention, and liase with primary care. This project has been mainstreamed through Long Term Conditions Management Funding
- (BLF) - NI Children's Hospice The project developed a "Hospice at Home" service for children with life- limited conditions and their families living in the Board area. This project has been mainstreamed through funding identified by the BIG Lottery Steering Group and match funding from the NI Children's Hospice.
- (BLF) - Lymphoedema Project This projects aimed to create a network of lymphoedema services and enhance the skills, knowledge and expertise about lymphoedema in primary care and in general secondary care and also

*enhance access to specialist advice. This project has now been mainstreamed through Regional Funding*

- *(BLF) - Link Nurse Project The service targeted nurses who were interested in the provision of Palliative care in the community setting and to further develop their palliative care skills in the application of care within the patients home. The project has been absorbed into the Western Health and Social Care Trust Training Team.*
- *(BLF) – Fermanagh Exercise Referral Programme, This project aimed to prevent the development of coronary heart disease in medically vulnerable adults including those with Type II diabetes, controlled hypertension, morbid obesity and other long term health problems related to, or which may be exacerbated by, a lack of regular exercise. This project won the Health for Life category award at the NI Health Care Awards 2208. Fermanagh Exercise Referral project has been mainstreamed through funding identified by the BIG Lottery Steering Group and match funding from Fermanagh District Council.*
- *(BLF) – The Foyle Investing in Health at Work project has built on lessons from other areas to incorporate an integrated programme of workplace health promotion targeting a set number of workplaces annually. The project aimed to support the development of Integrated programmes of health promotion in targeted workplaces. It also aimed to build local partnerships for promoting health at work in all settings. This project has been mainstreamed through funding identified by the BIG Lottery Steering Group*
- *(BLF) – CDU The WHSSB hosted the Big Lottery Umbrella Grant Scheme review seminar in March 2008. This event brought together 14 projects funded with grants totalling £2,080,948 from the Big Lottery Fund, through the WHSSB, to address health inequalities and disadvantage. The Scheme was a tremendous success with projects over-performing by 28% against predicted activity targets and delivering on all Big Lottery Fund objectives. A total of 28,923 people benefited from the projects, contributing to a reduction in hospital admissions, a reduction in blood pressure levels, provision of care at home services, an increase in participants’ social networking and an improvement in participants’ health and well-being.*
- *Evaluation of both the Coronary Heart Disease, Stroke and Cancer programme and the Palliative Care initiatives has been positive which clear findings that projects are engaged in significant partnership working and are making an impact in bringing about real improvements.*

### Health Promotion Department

- ❑ *HPD supports the delivery of 'Class Smiles' primary school brushing programme - Targets schools within worst 20% of electoral wards Aims to improve oral health of children through daily tooth brushing in class and a structured education programme delivered by the Community Dental Service.*
- ❑ *HPD supports the delivery of 321 programmes – An award scheme for all pre school and all special schools throughout WHSCT. It aims to improve oral health and nutrition through the provision of tooth brushing programmes; schools based education and healthy snacks. It is delivered by Oral Health Educators from the Community Dental Service and the Health Promotion Department.*
- ❑ *HPD Schools – The Health Promoting School Award (HPSA) aims to improve the health and well being of the whole school community, including parents in TSN areas*
- ❑ *HPD Feeding Policy for the first five years - This policy, which is primarily for the use of health professionals, provides evidence-based information on healthy nutrition for pregnant women, infants, young children and the wider family. The emphasis is on providing clear and consistent advice and support for parents, as they make their own nutritional choices, which will influence the health and well being of the next generation.*
- ❑ *HPD Breastfeeding Policy/Leaflet - The policy is for use by all staff that has contact with parents, infants and young people. It aims to provide clear and consistent information to enable mothers to make a fully informed choice as to how they feed and care for their babies. A leaflet is also available to be given to new mothers to assist in the continuation of breastfeeding.*
- ❑ *HPD Healthy Snacks leaflet targeting childrens snacking habits has been developed to be given to parents on request.*

### Tobacco Control Group

- ❑ *The legislation to prohibit smoking in workplaces and enclosed public places was implemented from 1<sup>st</sup> May 2007. The WTCG worked with the WHSCT and other workplaces directly and funded Western group Environmental Health Services to deliver a series of seminar/workshops to workplaces in the Board area.*

### WDACT

- ❑ *The WDACT has representatives on the Regional Advisory Groups for the Alcohol and Drug Policy Branch of the DHSSPSNI.*
- ❑ *Under the New Strategic Direction monies, the WDACT*

*has funded a range of alcohol and drug related programmes. They are responsible for the projects delivery and meeting agreed performance indicators. The projects are required to complete quarterly monitoring and evaluation forms and are visited on a quarterly basis to review their progress against their objectives.*

- ❑ *WDACT is taking the lead in the development of an integrated Strategic Response to 'Hidden Harm' in conjunction with Children's Services and Addiction Services.*

*Health Promotion Commissioner*

- ❑ *HPC – ensured provision, monitoring and quality assurance of Smoking Cessation Services from a range of providers across the WHSSB area*
- ❑ *HPC - commissioned smoking prevention initiatives and activities which focus on the needs of pregnant women, young people and those experiencing disadvantage,*
- ❑ *HPC - Led Western Tobacco Control Group, to ensure that agencies maximised common resources to drive the tobacco agenda.*
- ❑ *HPC – Led inter-agency Sexual Health Steering Group, to ensure a collaborative and evidence-based approach to sexual health and well-being across the WHSSB area through inter-agency working to provide education, training, information and services, with a focus on the needs of young people.*
- ❑ *HPC – Led Physical Activity Steering Group to prepare and monitor a physical activity action plan to support effective collaboration between health service, councils and voluntary agencies for the delivery of information, skills training, and activity provision to increase levels of physical activity particularly among the sedentary population*
- ❑ *HPC – Led Mental Health Steering Group to prepare and oversee an action plan for the delivery of positive mental health and well-being initiatives that increase knowledge and skills, challenge stigma and raise awareness of positive mental health and well-being for the well population and those who are vulnerable*
- ❑ *HPC – Led Steering Group to take forward Fit Futures Agenda, to address childhood obesity.*
- ❑ *HPC – Worked with Children's Services Planner to raise the profile of health improvement in service planning for looked After Children, their carers and staff. Targets included in regional strategy and programmes delivered for foster parents.*
- ❑ *HPC – Led on delivery against the Home Accident Prevention Strategy. Key outcomes were*
  - i) *Establishment of an injury surveillance post in Altnagelvin Area Hospital to interrogate and disseminate statistics on the unintentional injury*

	<p><i>experience of people, focusing on children under 5 and those over 65 years of ages. Statistics were used as the basis for community based interventions.</i></p> <p><i>ii) Support for HAZ Safety Officers scheme through provision of safety equipment</i></p> <p><i>iii) Support for Local Home Accident Prevention Groups</i></p> <p><u><i>Early Years Subgroup</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>Under debt and consumerism theme, HAZ have worked in partnership to develop a pilot project and research into the impact of debt on people with Mental Health difficulties. This has also been rolled out into Women's Aid organisation.</i></li> </ul> <p><u><i>Adulthood Subgroup</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>WIFH refocus on the Media awards for 2007-08 has brought in more colleges and extended the awards to Universities across the Province. Higher standard of entry due to consolidation of linkages between IFH staff and college staff</i></li> </ul> <p><u><i>Later Years Subgroup</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>WIFH demonstration project to improve access to services in rural priority areas was completed and is now being rolled out in 4 other rural priority areas in Fermanagh.</i></li> <li><input type="checkbox"/> <i>WIFH funded ALLY Foyle to host a one-day Conference on Wellbeing with keynote speakers from Scotland.</i></li> </ul>
<p><i>Development issues</i></p>	<p><u><i>Community Development Unit</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>Community Development Unit has assisted in the development of the Conditions Management Programme as part of the Pathways to Work Initiative.</i></li> </ul> <p><u><i>Cook It!</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>Recruitment and training for Cook it! tutors redesigned to improve training and provide a qualification in food hygiene. Cook it! training established on two occasions each year to release time for other training and programme development.</i></li> </ul> <p><u><i>Health Promotion Commissioner</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>HPC – revised health promotion action plans to take account of increasing need for performance monitoring. Promoted use of Strategic Direction for Health Improvement to increase understanding and consistency in planning for Health Promotion/Health Improvement</i></li> </ul> <p><u><i>Early Years Subgroup</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>The Debt theme will continue into next year with the development and delivery of Financial Life skills Training for Trainers. This will be cascaded in Key organisations</i></li> </ul>

*and Communities.*

- ❑ *WIFH and WHAZ have developed support for Ethnic Minority people through the development of a website which will provides localised information in a choice of languages.*
- ❑ *WHAZ are leading on a project, in partnership with CAB, in a pilot which provides accredited advice training with several ethnic minority people who will then be available to deliver advice in their language. At present a Chinese-speaking worker has been trained and is working in the Derry area.*

## SECTION 4 – ACHIEVEMENT AGAINST IFH OBJECTIVES

### **IFH Objective: 1 - To reduce poverty in families with children**

*Key issues – Unemployment, benefit dependency, debt, social exclusion, targeting social need, life long learning, urban regeneration, children’s support*

#### **Early Years**

##### Cook It!

- ❑ *Cook it! Courses delivered to parents of small children through Health Promoting Homes, SureStart, Mother and Toddler groups etc.*
- ❑ *Initial training on Food Values budgeting programme delivered to Cook it! tutors.*
- ❑ *Weaning workshops delivered to Cook it! tutors and family workers in Omagh and Strabane*

##### Tobacco Control Group

- ❑ *The WTCG funded the Smokebusters campaign for primary school children. Approximately 5,500 pupils in the Board area became members of the Smokebusters club. Smokebusters aims to encourage young people not to start smoking.*

##### WDACT

- ❑ *The WDACT under the NSDAD, fund an education and prevention programme based in Dove House, Derry. This programme have appointed a worker with a specific remit to provide early intervention, prevention and support programmes for children with substance misusing parents / carers.*
- ❑ *The DAYS project provides treatment, counselling and support services to children with substance misusing parents / carers.*

##### Early Years Subgroup

- ❑ *Continuation and Development of the Debt and Consumerism theme, tackling poverty, building capacity and raising awareness within communities and organisations. In one local area of disadvantage, over a 13-month period, the project dealt with £3.4 million of debt.*
- ❑ *The Inclusive Play Project aims to improve access to play and physical activity for all children, ensuring inclusion for Children with Disabilities. The project will develop 2 outdoor, natural areas in the Strabane and Derry District Council areas. Over the next 2 years the project will be built on and Play for Children with Disabilities will be raised on the Agenda of a range of*

	<p>partners.</p> <ul style="list-style-type: none"> <li>❑ HAZ continue to support developing projects for Migrant Workers and their families. To date the welcome pack (local information) is on the IFH Website in 12 languages.</li> <li>❑ Working in partnership with CAB, a Chinese-speaking worker has accessed Welfare Rights Training and is now working through the CAB offices in Derry.</li> <li>❑ Terms of Reference have been drawn up for a larger piece of Research into the Health needs of Migrant Workers and their families. This work will include a 3-year action plan, which will direct future work.</li> <li>❑ WHAZ continue to support and chair the Young Fathers Steering Group. This lottery funded project, developed by HAZ and led by First Housing Aid and Support Services, aims to enable Young Fathers to develop a nurturing Relationship with their Children.</li> </ul> <p><u>Adulthood Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ Health Promoting Homes delivered to 130 families in this financial year throughout the WHSSB area. Health promoting homes model taken on by number of primary schools through extended schools programme.</li> </ul>
Teenage	<p><u>Cook It!</u></p> <ul style="list-style-type: none"> <li>❑ Cook it! Delivered to teenage participants from Derry City Travellers Association.</li> </ul> <p><u>Tobacco Control Group</u></p> <ul style="list-style-type: none"> <li>❑ The WTCG funded smoking cessation specialists from the WHSCT who linked with local schools to run cessation services for young people. This won a silver medal at the NI Health Care Awards.</li> <li>❑ The WTCG commissioned a DVD entitled 'Think Twice This is a smoking cessation/prevention resource made by young people in the Western Board area for young people. It was disseminated to all secondary schools.</li> <li>❑ The WTCG funded smoking cessation services along with campaigns such as no smoking day to encourage smokers to quit and teenagers not to start smoking.</li> <li>❑ School nurses received training in brief intervention advice on smoking to help teenagers who smoke quit.</li> </ul> <p><u>Early Years Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ Through the debt project a group of Teenagers have developed and made a DVD re Debt and Consumerism.</li> <li>❑ The Young Fathers Project delivers a range of Parenting and life-skills programmes to Teenage parents</li> </ul>
Adulthood	<p><u>Tobacco Control Group</u></p> <ul style="list-style-type: none"> <li>❑ The Western Tobacco Control Group funded smoking cessation support from smoking cessation service points</li> </ul>

	<p>available across the board area to help more than 2,700 smokers quit and remove the financial cost of smoking. This included pharmacies, which were able to prescribe Nicotine Replacement Therapies such as patches. Monitoring has shown that 26% of those attending cessation services were unemployed.</p> <ul style="list-style-type: none"> <li>□ The Tobacco Control Group commissioned the Bogside and Brandywell Health Forum to work with local communities, licensed premises and workplaces in the run up to the legislation to promote smoking cessation and protection from second hand smoke in an area of recognised economic deprivation. This included the production of a countdown to smoke free calendar, training for bar staff, development of cessation policies, smoke free premises and promotion of cessation services.</li> <li>□ The annual regional tobacco control seminar focussed on marketing services to identified target groups including disadvantaged adults and motivating the most challenging groups of smokers to quit.</li> </ul> <p><u>Early Years Subgroup</u></p> <ul style="list-style-type: none"> <li>□ The debt project has dealt with, in excess of 50k of debt this year among People with Mental Health difficulties and Vulnerable women</li> <li>□ WHAZ, in partnership with CAB, have supported the training of Chinese speaking Welfare Rights Officer.</li> </ul>
Later Years	<p><u>Later Years Subgroup</u></p> <ul style="list-style-type: none"> <li>□ WIFH Rural Priority Areas demonstration project drew in almost £300K in grants and support for Older People in 3 wards in the West.</li> <li>□ WIFH seed funded the establishment of a social car scheme in 2 Rural Priority wards in Fermanagh.</li> <li>□ Western Area Transport Forum produced a transport guide for older people in the West.</li> <li>□ WHAZ supported the continuation of the Rural Link to Health Initiative transporting patients to local health services in Carrickmore. An evaluation of this initiative was completed.</li> </ul>
Corporate/ General	<p><u>Cook It!</u></p> <ul style="list-style-type: none"> <li>□ Cook it! Courses delivered to parents and grandparents in a variety of settings and emphasising how to eat healthily on a budget</li> <li>□ Guidelines for Organisations wishing to deliver Cook it! produced, aimed at organisations that would like to host Cook it! programmes and detailing factors that need to be considered such as venue, finding a tutor, insurance issues, funding etc</li> </ul> <p><u>Later Years Subgroup</u></p> <ul style="list-style-type: none"> <li>□ WHAZ led on the development of a Fuel Poverty Action Plan for the West.</li> </ul>

	<ul style="list-style-type: none"> <li>❑ <i>WIFH supported Older Peoples networks to host user involvement focus groups on key areas of work.</i></li> </ul> <p><u><i>Early Years Subgroup</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>The Debt project continues to reach those most Vulnerable and is being rolled out In Mental Health Service settings and Women’s Aid.</i></li> </ul>
<p><i>Key Developments</i></p>	<p><u><i>Tobacco Control Group</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>By addressing tobacco issues through cessation support, policy development, campaigns use of the media a reduction in smoking results in a reduction in poverty amongst the most socially disadvantaged and reduces the number of teenagers starting smoking. The smoke free legislation introduced after 30<sup>th</sup> April 2007 became a major trigger for smokers wishing to quit.</i></li> </ul> <p><u><i>Later Years Subgroup</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>WHAZ in partnership with 5 District Councils developed a £1million bid “Western Home Environmental Assessment Project” to the Big Lottery’s Safe and Well Programme, which has successfully progressed to Stage 2.</i></li> <li>❑ <i>WHAZ secured funding from NIE’s Energy Levy Scheme for 15 total solution packages and 50 insulation only measures to be rolled out in 08/09.</i></li> <li>❑ <i>WIFH will finalise roll out Phase 2 of the Rural Priority Areas project in partnership with the Housing Executive and A2B.</i></li> </ul>

**IFH Objective: 2 - To enable all people and young people in particular to develop their skills and attitudes that will give them the capacity to reach their full potential and make healthier choices**

Key issues – Educational attainment, life skills, citizenship

Early Years

Cook It!

- ❑ Weaning Workshops for Cook it! tutors and family workers from SureStart projects held in Omagh and Strabane. Aimed at informing participants of current weaning recommendations and enable them to answer accurately parents' queries about weaning, backing up advice already given by midwives and health visitors.

Health Promotion Department/ Community Development

- ❑ HPD Health Promoting School Award encourages opportunities for children and young people to develop the knowledge and skills to enable them to cope with the challenges of everyday life
- ❑ HPD co-ordination of the Munch Box Challenge in which 110 primary schools are participating. It aims to promote healthy eating habits and improve oral health
- ❑ HPD continues to support tooth brushing programmes in PFA targeted primary schools and the Busbrush programme in all early years groups. These are delivered by Oral Health Educators who aim to promote the main dental health messages and brushing technique in the school setting.
- ❑ HPD co-ordinates Smile 4 Life that aims to promote the dental health and nutrition messages to parents of very young children at pre-school check-ups. The scheme is delivered by Health Visitors and all children will be seen at least 4 times before entry to primary school.
- ❑ HPD developed 'Promoting Oral Health', an oral health resource pack for Health Visitors and Health Professionals in partnership with dental and Health Promotion staff at EHSSB. This will provide advice and information in line with all 4 recommendations.
- ❑ HPD – 'Bank Your Smile' initiative – All the above programmes link with this 5-year initiative currently being rolled out in the Westbank area of the Foyle, a known black spot for oral health. The Bank Your Smile project is a community-led initiative that seeks to address the oral health and nutrition needs of 0-11 year olds in this area. Tooth brushing and nutrition programmes (healthy breaks and healthy lunch boxes) are currently being delivered in all 23 primary schools, and all nurseries and pre-schools in the area.
- ❑ HPD Healthy Walking Bus – this initiative aims to

*promote the importance of a healthy, active lifestyle for primary school children. The health behaviours of the children taking part are targeted in four ways to support a healthy lifestyle – walking to school to increase activity levels, practicing road safety messages, eating more fruit and vegetables and drinking more water, and taking care of their teeth.*

- HPD Catch Pack Cross curriculum pack has been given to all primary schools throughout WHSCT. This pack has been developed by the EHSSB and aims to facilitate children's understanding of the link between diet and health and to improve the nutrition and oral health of school age children.*
- HPD delivered 25 Active steps to learning packs to primary schools in WHSCT.*
- HP Coordinator supports the Omagh Well-being consortium to deliver Healthy Omagh by encouraging healthy Lifestyles i.e. dance courses, smoking cessation for all the people of Omagh District*

#### *Tobacco Control Group*

- The WTCG funded the Smokebusters campaign for primary school children. Approximately 5,500 pupils in the Board area became members of the Smokebusters club. Smokebusters aims to encourage young people not to start smoking.*
- No Smoking Day materials are sent to primary schools and schools encouraged to run events in the run up to and during the day.*

#### *WDACT*

- WDACT funds the Drug and Alcohol Training Programme, which provides training for professionals in relation to Hidden Harm Issues (children with substance misusing parents / carers) and foetal alcohol spectrum disorder.*

#### *Early Years Subgroup*

- WHAZ led on the Supporting Young Fathers Project, a programme of parenting, life-skills and family mediation, in a successful application to the lottery and continues to oversee the setting up of and management of the project in partnership with the lead Agency, FHASS*
- The debt project provides advice, information and practical help to a range of vulnerable groups*
- The Inclusive Play Project offers children and parents with disabilities, and their families, an opportunity to avail of family centred Physical activity and Play.*
- HAZ has continued to support and advise the Omagh Travellers support Group through out the past year*
- The Inclusive Play project delivers Inclusive Play training to a range of parents, carers and workers across the*

	<i>Board area.</i>
<i>Teenage</i>	<p><u><i>Cook It!</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>Cook it! courses delivered to young people who are homeless or have left care.</i></li> </ul> <p><u><i>Health Promotion Department</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>HPD supports the Family Planning Association in the co-ordination of 6 Choices and Bout Ye personal development programmes in the community.</i></li> <li><input type="checkbox"/> <i>HPD continues to work with the KISS (Knowledge Information and Sexual Health Skills) project worker.</i></li> <li><input type="checkbox"/> <i>HPD sexual health services credit card directory has been revamped and distributed to community pharmacies as part of Valentine’s week.</i></li> <li><input type="checkbox"/> <i>HPD currently linking with and promoting the WHSSB Pharmacy Department’s pilot involving Chlamydia screening and provision of EHC in pharmacies in Fermanagh and L’Derry.</i></li> <li><input type="checkbox"/> <i>HPD co-ordinated the development and delivery of the Breastfeeding Education Pack in all Post primary schools. This resource aims to raise awareness of breastfeeding among young teenagers and promote positive attitudes towards breastfeeding. The resource is in file format for use by teaching staff.</i></li> <li><input type="checkbox"/> <i>HPD ‘A Closer Look at the Oral Cavity’ education resource for post primary schools - This resource has been developed for use with Year 8-10 in post primary schools. It is delivered over 4 sessions and covers the main oral health messages and safe snacking messages as well as associated topics such as smoking cessation and dental trauma.</i></li> <li><input type="checkbox"/> <i>HPD co-ordinated and delivered structured dental trauma and 1<sup>st</sup> aid training to primary and post primary teaching staff in partnership with WELB.</i></li> <li><input type="checkbox"/> <i>HPD co-ordinated and delivered ‘Healthy Habits Challenge’ to promote healthy lifestyles through the implementation of a fun 4 week challenge combining physical activity, oral health and nutrition.</i></li> <li><input type="checkbox"/> <i>HPD facilitated Hip Hop Dance training for trainers course to 12 participants in order to promote hip-hop dance in the community.</i></li> </ul> <p><u><i>Tobacco Control Group</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>WTCG funded smoking cessation specialists from the WHSCT who linked with local schools to run cessation services for young people. This won a silver medal at the NI Health Awards.</i></li> <li><input type="checkbox"/> <i>The WTCG commissioned a DVD entitled ‘Think Twice This is a smoking cessation/prevention resource made by young people in the Western Board area for young people. It was disseminated to all secondary schools.</i></li> </ul>

	<ul style="list-style-type: none"> <li>❑ <i>School nurses were trained in Brief Intervention Awareness to link with young people who smoke and promote smoking cessation.</i></li> <li>❑ <i>The annual regional tobacco control seminar focussed on marketing services to identified target groups including young people and motivating the most challenging groups of smokers to quit.</i></li> </ul> <p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ <i>WDACT continue to support and fund a range of community based education and prevention programmes (Ego and Divert) under NSDAD.</i></li> <li>❑ <i>WDACT provided Small Grants to the following organisations to deliver programmes to children and young people.</i> <ul style="list-style-type: none"> <li>• <i>ARC Summer Scheme – Summer diversionary programme</i></li> <li>• <i>L/Derry YMCA – ‘Last Orders – Think Before You Drink’</i></li> <li>• <i>Derry Travellers Support Group – ‘Coke – The Real Thing’</i></li> <li>• <i>CAW 2000 – ‘Drinkwise – Streetwise’</i></li> <li>• <i>Youth First – Youth Cafe</i></li> </ul> </li> </ul> <p><u>Early Years Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>The Young Fathers Project Supports Young Fathers aged 14-21 years old.</i></li> </ul> <p><u>Adulthood Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>Road wise Programme delivered to 100 youths through the WHSSB area. Travellers group participated in delivery of the programme.</i></li> <li>❑ <i>LIFE Programme delivered to 72 young people throughout the WHSSB area. 65% reduction in attendance at GP and A&amp;E among participants as a result of their participation in the programme.</i></li> </ul>
<p><i>Adulthood</i></p>	<p><u>Cook It!</u></p> <ul style="list-style-type: none"> <li>❑ <i>Cook it! delivery in Foyleview Resettlement Unit of Magilligan prison. Delivered by Cook it! trained prisoners and prison staff.</i></li> </ul> <p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ <i>HPD has written and piloted a course ‘Introduction to Health Promotion’. This course commenced in September 2007 and has since been delivered to 33 individuals from statutory and community backgrounds.</i></li> <li>❑ <i>HPD has written and piloted a course ‘Understanding Groups’. This course commenced in November 2007 and has since been delivered to 30 individuals from statutory and community backgrounds.</i></li> <li>❑ <i>HPD delivered of Brief Intervention Smoking Cessation</i></li> </ul>

	<p><i>Training to dental staff in WHSSB area via the Western Tobacco Control Group</i></p> <ul style="list-style-type: none"> <li>❑ <i>HPD ran a World AIDS day campaign. Exhibitions were displayed in the Gum Clinic, Altnagelvin, Area Board Headquarters and Paget's Square, Enniskillen.</i></li> <li>❑ <i>The HPD has delivered 3 training sessions for community workers on the importance of being breast aware and highlighted the importance of attending for both breast and cervical screening.</i></li> <li>❑ <i>The HPD has developed and is currently piloting a nutrition and oral health-training course for staff working in Adult Training Centres, Trust-Wide. The course targets 100 staff and the knowledge will support them to roll out a toothbrushing and healthy snacking programme with 400 clients.</i></li> <li>❑ <i>The HPD has developed, and continues to deliver Community Health Educator Training to community workers Trust wide. The 2-day course covers key aspects associated with promoting oral health and nutrition. Participants also receive UCF Brief Intervention Smoking Cessation training on day 2.</i></li> <li>❑ <i>HPD in partnership with CDS and Nursing service co-ordinate Bone Fun Day. This has been developed and implemented with post primary schools in the Southern sector for approximately five years. They aim to encourage young people to improve eating habits and physical activity levels to build healthy bones.</i></li> <li>❑ <i>HPD Phase 1 Lifeskills Project Evaluation Report completed in June and distributed to stakeholders. Recommendations were addressed.</i></li> <li>❑ <i>HPD - 12 Talking to your Children about Tough Issues Taster sessions were delivered to staff within targeted workplaces</i></li> <li>❑ <i>HPD Talking to your Children about Tough Issues courses were delivered to parents in Sure Start, Extended Schools Project and Mothers Union.</i></li> <li>❑ <i>HPD Lifeskills courses for practitioners took place. These included: Bounce Resource Training, Self Esteem, Handling Children's and Adolescent Behaviour and Talking to your Children about Tough Issues Practitioner Training</i></li> <li>❑ <i>HPD NCFE Level 2 Certificate in Drug Awareness Studies and their Applications completed. NCFE Level 1 Certificate in Drug Awareness piloted in January 2008</i></li> <li>❑ <i>HPD delivered a Step-o-meter challenge in Belmont nursery School.</i></li> <li>❑ <i>HPD delivered 3 Walk leader-training courses in WHSCT in order to promote health walks in the local community.</i></li> <li>❑ <i>HPD facilitated one Moving to Music training course, which targeted staff working in residential homes.</i></li> <li>❑ <i>HPD through its Drug and Alcohol Training Programme delivered 4 Drug and Alcohol Intervention programmes, 3</i></li> </ul>
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*Hidden harm programmes, 5 Foetal Alcohol Spectrum Programmes, 2 You, Your Client and Blood Borne Viruses programmes, 2 programmes to support the introduction of universal alcohol intake screening and brief and opportunistic interventions in the acute services. The courses are competency led and support the implementation of the NSD for alcohol and drugs through the promotion and development of a competent workforce within the WHSSB area to respond to alcohol and drug related harm.*

- *The DAPT developed a training strategy to support the introduction of the WHSCT's Joint Service Protocol to meet the needs of children and unborn children whose parents or carers have alcohol or substance misuse problems.*

*Tobacco Control Group*

- *Funded smoking cessation services available along with campaigns such as no smoking day to encourage smokers to quit and adults not to start smoking*
- *Training provided for health professionals and others to deliver smoking cessation services and offer brief opportunistic advice to smokers*
- *The Western Tobacco Control Group funded smoking cessation support from smoking cessation service points available across the board area to help more than 2,700 smokers quit and remove the financial cost of smoking. This included pharmacies, which were able to prescribe Nicotine Replacement Therapies such as patches. Monitoring has shown that 26% of those attending cessation services were unemployed*
- *The WTCG took a lead role in the development of the regional tobacco control-learning programme for key workers helping smokers to quit.*
- *The annual regional tobacco control seminar focussed on marketing services to identified target groups including young people and motivating the most challenging groups of smokers to quit.*
- *The Tobacco Control Group commissioned the Bogside and Brandywell Health Forum to work with local communities, licensed premises and workplaces in the run up to and following the legislation to promote smoking cessation and protection from second hand smoke in an area of recognised economic deprivation. This included the production of a countdown to smoke free calendar, training for bar staff, development of cessation policies, smoke free premises and promotion of cessation services*
- *The WTCG funded the delivery of Brief Intervention Smoking Cessation Training to dental staff in WHSSB area.*

	<p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ <i>WDACT funded two projects under the NDSAD for chronic / long-term drinkers. The SOLACE Project in Irvinestown and Foyle Havan in Derry, provide day centre provision as well as help and support to people and families of long-term, chronic alcohol and drug users.</i></li> <li>❑ <i>WDACT provided Small Grants to the following organisations to deliver projects</i> <ul style="list-style-type: none"> <li>• <i>Derry Healthy Cities – ‘Crystal Clear’</i></li> <li>• <i>The Rainbow Project – Motivational Interviewing Training</i></li> <li>• <i>HURT – Publicity Material</i></li> </ul> </li> </ul> <p><u>Early Years Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>Inclusive Play Training is delivered to a range of workers across the board area.</i></li> <li>❑ <i>The debt and Consumerism Project delivers Financial Lifeskills Training to a range of Vulnerable adults</i></li> </ul>
Later Years	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ <i>HPD has developed and continues to deliver oral health and nutrition training to staff working in nursing and residential homes in the WHSCT area. The training also includes the management of swallowing difficulties and is co-facilitated by Community Dietetics and Speech &amp; Language Therapy. The course has been delivered this year in partnership with the Northern Sector Community Nurse Advisor.</i></li> <li>❑ <i>HPD facilitated one Dance Leadership course for those working with more agile older people in a variety of settings.</i></li> <li>❑ <i>HPD in partnership with Derry City Council sent a proposal to the Food Standard agency to assist in the promotion of healthy eating and food safety in older people in the Shantallow area of L’Derry. Project to target 35 individuals over the age of 50 initially. Funding to be confirmed early May 2008.</i></li> <li>❑ <i>HPD developed and delivered 1 course on alcohol and older people.</i></li> </ul> <p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ <i>WDACT funds the Drug and Alcohol Training Programme to provide training programmes in respect of older people with substance misuse problems.</i></li> </ul>
Corporate/ General	<p><u>Cook It!</u></p> <ul style="list-style-type: none"> <li>❑ <i>Cook it! programme final evaluation report showed value of course in enabling people to develop or revive their cooking skills and make healthier food choices at any age.</i></li> </ul>

	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ HPD development of Breastfeeding Newsletter to be distributed widely to all antenatal clinic settings, individuals supporting breastfeeding mothers and all breastfeeding support groups</li> <li>❑ HPD Food and Nutrition Policy/Leaflet - This policy provides guidelines on the provision of healthy food choices for staff, clients and patients. A leaflet is also available for use by staff, patients and clients.</li> <li>❑ HPD training brochure is distributed to all community, statutory and voluntary sectors in the Western area every quarterly period.</li> </ul>
<p><i>Key Developments</i></p>	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ HPD - It is anticipated the newly structured children young people oral health planning team will further develop oral health research.</li> </ul> <p><u>Tobacco Control Group</u></p> <ul style="list-style-type: none"> <li>❑ Annual WTCG action plan</li> </ul> <p><u>Adulthood Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ WIFH developing inter-agency approach to Road Safety consolidated through direct involvement of PSNI, NIAS and NIFRS in the delivery of the Roadwise Programme</li> </ul>

**IFH Objective: 3 - To promote mental health and emotional well being at individual and community level.**

Key Issues - self esteem, emotional well-being, preventing suicides, sense of belonging

<p>Early Years</p>	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ HPD HPSA addresses the issue of mental health and emotional well being with the whole school community.</li> </ul> <p><u>Tobacco Control Group</u></p> <ul style="list-style-type: none"> <li>❑ The WTCG funded the Smokebusters campaign for primary school children. Approximately 5,500 pupils in the Board area became members of the Smokebusters club. Smokebusters aims to encourage young people not to start smoking.</li> <li>❑ No Smoking Day materials are sent to primary schools and schools encouraged to run events in the run up to and during the day.</li> </ul> <p><u>Health Promotion Commissioner</u></p> <ul style="list-style-type: none"> <li>❑ HPC – Commissioned ‘Nurturing Parent’ training for Surestart staff in partnership with Surestart and WHSCT to facilitate delivery of this programme to parents.</li> </ul> <p><u>Early Years Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ The Inclusive Play project ensures improved access to Play for all the family.</li> </ul>
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<p>Teenage</p>	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ HPD supported Opportunity Youth in the delivery of the Getting It Together programme to 25 young people in Ballymagroarty and Hazelbank areas. 10 young people are trained as peer educators and will be rolling out further sessions of the programme.</li> <li>❑ HPD co-ordinated and delivered Healthy Habits Challenge to promote healthy lifestyles through the implementation of a fun 4 week challenge combining physical activity, oral health and nutrition.</li> <li>❑ HPD supported the Oak Healthy Living Centre deliver ‘Lust for Life’ a ‘battle of the bands’ music event for 11-25 year olds. This event is being used to promote the mental health helping services for young people in the Erne East area.</li> </ul> <p><u>Tobacco Control Group</u></p> <ul style="list-style-type: none"> <li>❑ The WTCG commissioned a DVD entitled ‘Think Twice This is a smoking cessation/prevention resource made by young people in the Western Board area for young people. The DVD addresses issues such as peer pressure and self esteem to help young people to not</li> </ul>
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	<p><i>start smoking or stop if they currently smoke. It was disseminated to all secondary schools.</i></p> <p><u><i>Health Promotion Commissioner</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>HPC – commissioner Aware Defeat Depression to deliver Mood Matters to schools across the WHSSB area</i></li> </ul> <p><u><i>Early Years Subgroup</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>The Young Fathers Project proves a range of life-skills programmes, improves family relationships and improves the social support network for the Young Father, mother and Child.</i></li> </ul>
<p><i>Adulthood</i></p>	<p><u><i>Health Promotion Department</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>HPD supporting ZEST on delivery of WHSSB Mentoring project for people who self harm</i></li> <li><input type="checkbox"/> <i>HPD providing Group facilitation of the monthly bereaved by suicide support group in Omagh and Derry.</i></li> <li><input type="checkbox"/> <i>HPD delivered Mental Health First Aid courses to 130 participants throughout the Western Area.</i></li> <li><input type="checkbox"/> <i>HPD planned and organised ‘Making It Happen in the West’ Conference for 122 professionals from the public, private, community and voluntary sectors in WHSCT area.</i></li> <li><input type="checkbox"/> <i>HPD coordinated and awarded mental health seeding grants to a total of 25 groups across the Western Trust area. Grants were awarded up to £500 to groups representing ethnic minorities, older people, disability groups and vulnerable groups to hold activities to support World Mental Health Day.</i></li> <li><input type="checkbox"/> <i>HPD delivered 2 Depression Awareness in Primary Care courses to 200 GPs across the WHSCT area.</i></li> <li><input type="checkbox"/> <i>HPD supported and delivered 2 mental health promotion toolkit for primary care courses to 20 GPs, practice staff and mental health professionals in the Western area</i></li> <li><input type="checkbox"/> <i>HPD coordinated information evening on ‘Experiences of Bereaved by Suicide’ for World Suicide Prevention Day.</i></li> <li><input type="checkbox"/> <i>HPD coordinated and delivered 10 ASIST training sessions to 250 participants from community, voluntary and statutory sectors throughout the Western area.</i></li> <li><input type="checkbox"/> <i>HPD planned and coordinated Tree of Lights Ceremony to support those bereaved by suicide across the Western Trust area.</i></li> <li><input type="checkbox"/> <i>HPD organised and delivered 8 Safe Talk sessions to 220 participants including practice managers, city councillors, young people and representatives from the community sector.</i></li> <li><input type="checkbox"/> <i>HPD delivered 3 Walk leader training courses in WHSCT in order to promote health walks in the local community</i></li> <li><input type="checkbox"/> <i>HPD facilitated 2 Fit for life Exercise Referral schemes in Limavady and Castlederg.</i></li> <li><input type="checkbox"/> <i>HP Coordinator facilitated Healthy Omagh to deliver</i></li> </ul>

*counselling and listening ear services to all the people of Omagh area*

- ❑ *Through its Community Support Services Project, the HPD supported the initiation and development of the Omagh and Foyle Drugs and Alcohol Forums to support local communities identify and respond to local alcohol and drug related harm. It supports the on-going work of the Fermanagh Alcohol and Drugs Forum.- Lobbying for more and improved alcohol, treatment services, introduction of Vintners voluntary code of practice in the Fermanagh area, supporting the work of the CSP in Fermanagh and Omagh.*
- ❑ *The CSS has assisted the following communities to develop action plans in response to the community identified alcohol and drug related harm:*
  - Shelter Sleight*
  - CKS*
  - Hospital Road*
  - Hunter Crescent Community Association*
  - Devenish Partnership*
  - Castledearg Youth Forum*
  - Omagh Support & self-help Group*
  - Fermanagh Rural Community Initiative*
  - Drugwiser family Support*
  - Caw*
  - Derry Travellers support Group*
  - Rainbow- gay & lesbian Group*
- ❑ *The CSS organised the Beyond Funding conference for community groups in the WHSSB area to support successful funding and explore sustainability.*
- ❑ *The DATP supported the development of the training guidelines for Pharmacists involved in the N.I. Needle Exchange programme and supervised methadone prescription.*
- ❑ *The CSS organised the delivery of the Community responses to local alcohol and drug related harm course delivered to representatives of the Limavady, Strabane and Derry communities.*

*Tobacco Control Group*

- ❑ *The annual regional tobacco control seminar focussed on marketing services to identified target groups including adults experiencing mental health problems and motivating this challenging group of smokers to quit.*
- ❑ *The WTCG was at the forefront of the development of the regional e-learning smoking cessation package. This includes advice and guidance on for smokers with mental health issues*
- ❑ *The WTCG in conjunction with the WHSCT ran workshops for staff in mental health settings to address the removal of the legislative smokefree exemptions*

	<p><i>and highlight the need to promote smoking cessation.</i></p> <ul style="list-style-type: none"> <li>❑ <i>The Western Tobacco Control Group funded smoking cessation support from smoking cessation service points available across the board area to help more than 2,700 smokers quit and remove the financial cost of smoking. This included pharmacies, which were able to prescribe Nicotine Replacement Therapies such as patches. Monitoring has shown that 26% of those attending cessation services were unemployed</i></li> <li>❑ <i>The WTCG took a lead role in the development of the regional tobacco control e-learning programme for key workers helping smokers to quit.</i></li> </ul> <p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ <i>WDACT continue to support the Foyle Tranquilliser Initiative (FTI) and the Sperrin Lakeland Area Tranquilliser Initiative (SpLAT).</i></li> </ul> <p><u>Health Promotion Commissioner</u></p> <ul style="list-style-type: none"> <li>❑ <i>HPC – Commissioned Foyle Tranquilliser initiative to provide a range of programmes and activities to support long term users of tranquillisers</i></li> <li>❑ <i>HPC – supported University of Ulster Conference on mental health</i></li> </ul> <p><u>Early Years Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>The debt project reduces stress and anxiety due to financial pressure.</i></li> <li>❑ <i>The Ethnic minority Project has improved access to local information in 12 languages for families newly arrived in N.I.</i></li> </ul> <p><u>Adulthood Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>Completion of Stress in the workplace conference jointly with Northern IFH and environmental health colleague. Recommendations fed into HSENI corporate plan and development of HWIP process.</i></li> </ul>
<p><i>Later Years</i></p>	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ <i>HPD provided Moving to Music training for those working with less agile people in residential homes</i></li> <li>❑ <i>HPD provided Dance Leadership Training for those working with older people in the community</i></li> <li>❑ <i>HPD in partnership with Derry City Council sent a proposal to the Food Standard agency to assist in the promotion of healthy eating and food safety in older people in the Shantallow area of L'Derry. Project to target 35 individuals over the age of 50 initially. Funding to be confirmed early May 2008.</i></li> </ul> <p><u>Later Years Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>WIFH funded a one-day Well-being Conference hosted</i></li> </ul>

	<p>by ALLY Foyle.</p> <ul style="list-style-type: none"> <li>❑ WHAZ continues to co-ordinate the flexi-care scheme for older people in the West.</li> <li>❑ WIFH funded 29 Telecare Packages for older people in Rural Priority Areas.</li> <li>❑ WHAZ partnered Strabane Community Safety Partnership in the provision of Telecare Packages to vulnerable older people.</li> </ul> <p><u>Health Promotion Commissioner</u></p> <ul style="list-style-type: none"> <li>❑ HPC – commissioned a study to explore how older people could be supported following bereavement, through provision of activities designed to increase social contact.</li> </ul>
Corporate/ General	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ HPD provided New Year wellness campaign throughout the Western area via media and Internet sources.</li> </ul> <p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ WDACT sits on Regional Advisory Groups for the NSDAD</li> <li>❑ WDACT continue to facilitate and support the Western Independent Sector Forum. This is a local forum with the specific role to advise/inform The WDACT of key developments at local level. WISF provides the opportunity for individuals across the Western Board Area to sit on regional groups to advise on the development of the NSDAD</li> </ul>
Key Developments	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ HPD conducted an audit of walk leaders in the WHSCT area.</li> <li>❑ HPD Peer Education Training</li> <li>❑ HPD development of mental health promotion tool kit for primary care</li> <li>❑ Mental Health First Aid, based on extensive evaluation in WHSCT area will now go forward for Northern Ireland version to be rolled out in September.</li> </ul> <p><u>Tobacco Control Group</u></p> <ul style="list-style-type: none"> <li>❑ Smoke Free legislation came into effect on the 30 April 2007. The WTCG was at the forefront in highlighting the requirements, benefits and help address the challenges posed by the legislation.</li> </ul>

**IFH Objective: 4 - To offer everyone the opportunity to live and work in a healthy environment and to live in a decent affordable home**

Key Issues - Fuel Poverty, New housing, Housing Improvements, Workplace Health

Early Years

Health Promotion Department

- ❑ HPD HPSA encourages and rewards schools to develop their full potential as health promoting settings. Schools are uniquely placed as they can also make major contribution to improving the health of the whole school community.

Early Years Subgroup

- ❑ Work to tackle Fuel Poverty is being developed from the Fuel Poverty action Plan. The project will target Families and Older people.

Teenage

Health Promotion Department

- ❑ HPD HPSA encourages and rewards schools to develop their full potential as health promoting settings. Schools are uniquely placed as they can also make major contribution to improving the health of the whole school community.

Adulthood

Cook It!

- ❑ Pilot Cook it! programme commenced with staff from WHSCT at Berries Restaurant, Gransha

Health Promotion Department

- ❑ HPD Health Promoting Trust consists of 13,000 staff. The HPD work across directorates to provide a health promoting workplace in WHSCT. Programmes include reduction in fees to leisure and swim centres, Cook It programme, Weight watchers, Yoga, bone density scans and health screenings etc.
- ❑ HPD in partnership with WHSSB Tobacco Control Group ensure legislation for smoke free workplace is implemented

	<ul style="list-style-type: none"> <li>❑ <i>HPD continue to provide support to workplaces in implementation of health promotion policies for example, food and health, breastfeeding, infant feeding and drugs and alcohol policies</i></li> </ul> <p><u><i>Tobacco Control Group</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>An intensive campaign was undertaken to elicit support for smoke free enclosed public places and workplaces and raise awareness on the effects of secondary smoke and the forthcoming legislation.</i></li> <li>❑ <i>Smoking policy development in workplaces, including the HPSS in the Western Board area which became smokefree from 1<sup>st</sup> January 2007</i></li> <li>❑ <i>The Western Tobacco Control Group funded smoking cessation support from smoking cessation service points available across the board area to help more than 2,700 smokers quit and remove the financial cost of smoking. This included pharmacies, which were able to prescribe Nicotine Replacement Therapies such as patches. Monitoring has shown that 26% of those attending cessation services were unemployed</i></li> <li>❑ <i>The Tobacco Control Group commissioned the Bogside and Brandywell Health Forum to work with local communities, licensed premises and workplaces in the run up to the legislation to promote smoking cessation and protection from second hand smoke in an area of recognised economic deprivation. This included the production of a countdown to smoke free calendar, training for bar staff, development of cessation policies, smoke free premises and promotion of cessation services.</i></li> <li>❑ <i>The WTCG took a lead role in the development of the regional tobacco control e-learning programme for key workers helping smokers to quit.</i></li> </ul> <p><u><i>WDACT</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>WDACT, on a local level, supports the regional Needle and Syringe Exchange Schemes to help ensure the proper disposal of used works for injecting drug users.</i></li> </ul>
<p><i>Later Years</i></p>	<p><u><i>Later Years Subgroup</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>WHAZ developed a Fuel Poverty Action Plan for the West.</i></li> <li>❑ <i>WHAZ submitted a bid to the NIE Levy Fund and successfully secured 15 total solution packages and 50 insulation measures for the West.</i></li> <li>❑ <i>WIFH Rural Priority Areas Demonstration project levered in over £300k in housing grants and other support for older people in 3 wards in the West.</i></li> <li>❑ <i>WHAZ represented the West on the Northern Ireland Fuel Poverty Advisory Group.</i></li> <li>❑ <i>WHAZ continues to co-ordinate and lead the Western</i></li> </ul>

	<i>Home Safety Check Scheme.</i>
<i>Corporate/ General</i>	<u><i>Adulthood Subgroup</i></u> <ul style="list-style-type: none"> <li>❑ <i>WIFH and WHAZ continuing to develop support for Ethnic Minority people through the development of a website which will provide localised information in a choice of languages.</i></li> </ul>
<i>Key Developments</i>	<u><i>Tobacco Control Group</i></u> <ul style="list-style-type: none"> <li>❑ <i>Smoke Free legislation came into effect on the 30 April 2007. The WTCG was at the forefront in highlighting the requirements, benefits and help address the challenges posed by the legislation.</i></li> </ul> <u><i>Later Years Subgroup</i></u> <ul style="list-style-type: none"> <li>❑ <i>WHAZ will roll out the NIE Levy funded energy efficiency packages in the West in 08/09.</i></li> <li>❑ <i>WHAZ will lead on the Fuel Poverty Action Plan recently developed.</i></li> <li>❑ <i>WHAZ in partnership with 5 District Councils developed a £1million bid "Western Home Environmental Assessment Project" to the Big Lottery's Safe and Well Programme, which has successfully progressed to Stage 2.</i></li> <li>❑ <i>WIFH will finalise roll out Phase 2 of the Rural Priority Areas project in partnership with the Housing Executive and A2B.</i></li> </ul>

**IFH Objective: 5 - To improve our neighbourhoods and wider environment**

*Key Issues – Air Quality, Environmental sustainability, Urban regeneration*

<p><i>Early Years</i></p>	<p><u><i>Early Years Subgroup</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>The Inclusive Play Project is developing 2 outdoor areas for natural Play and also working to put Play on the Agenda of Councils.</i></li> <li><input type="checkbox"/> <i>The Play Project will be developing the Play agenda over the next 2 years ensuring the most vulnerable are supported to us the areas and also to develop more local, inclusive, street play.</i></li> </ul>
<p><i>Teenage</i></p>	<p><u><i>WDACT</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>WDACT provided Small Grants to the following Neighbourhood Renewal Areas to deliver education/prevention to children and young people.</i> <ul style="list-style-type: none"> <li>• <i>Triax Neighbourhood Renewal Area – ‘No Tricks, All Treats’</i></li> <li>• <i>Waterside Neighbourhood Renewal Area – Youth Activity/Personal Development Programme.</i></li> </ul> </li> </ul>
<p><i>Adulthood</i></p>	<p><u><i>Health Promotion Department</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>HP Coordinator supports the work and the development of action plans in the Omagh and Enniskillen Neighbourhood Renewal Areas</i></li> <li><input type="checkbox"/> <i>HP Coordinator supported the gender equality project with roll out in the Fermanagh Area</i></li> </ul> <p><u><i>Tobacco Control Group</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>An intensive campaign was undertaken to elicit support for smoke free enclosed public places and workplaces and raise awareness on the effects of secondary smoke and the forthcoming legislation.</i></li> <li><input type="checkbox"/> <i>The WCG worked with workplaces to develop smoking policies, including the WHSCT.</i></li> <li><input type="checkbox"/> <i>The Western Tobacco Control Group funded smoking cessation support from smoking cessation service points available across the board area to help more than 2,700 smokers quit and remove the financial cost of smoking. This included pharmacies, which were able to prescribe Nicotine Replacement Therapies such as patches. Monitoring has shown that 26% of those attending cessation services were unemployed</i></li> <li><input type="checkbox"/> <i>The Tobacco Control Group commissioned the Bogside and Brandywell Health Forum to work with local communities, licensed premises and workplaces in the run up to the legislation to promote smoking cessation</i></li> </ul>

	<p><i>and protection from second hand smoke in an area of recognised economic deprivation. This included the production of a countdown to smoke free calendar, training for bar staff, development of cessation policies, smoke free premises and promotion of cessation services.</i></p> <p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ <i>WDACT provided Small Grants to the following Neighbourhood Renewal Areas to deliver education/prevention to adults/parents and family members.</i> <ul style="list-style-type: none"> <li>• <i>Strabane Neighbourhood Renewal Area – ‘Cringe Drinking’ campaign</i></li> <li>• <i>Derry Outer North Neighbourhood Renewal Area – ‘SAFE – Substance Abuse Family Education’</i></li> <li>• <i>Derry Outer West Neighbourhood Renewal Area – ‘Tough Issues For Parents’.</i></li> </ul> </li> </ul> <p><u>Adulthood Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>WIFH Demonstration project on Health Impact Assessment of West Tyrone Area Plan. This is the first HIA of a Statutory Planning Service Document in the NI. Interim HIA completed. Planning Service will consider in development of their Draft Area plan.</i></li> </ul>
<p><i>Later Years</i></p>	<p><u>Later Years Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>WHAZ continues to chair and co-ordinate the Western Area Transport Forum.</i></li> <li>❑ <i>The Western Area Transport Forum produced a transport guide for older people in the West.</i></li> <li>❑ <i>WHAZ funded and co-ordinated the Rural Link to Health Initiative that provided transport for older people in Carrickmore to attend health facilities.</i></li> <li>❑ <i>WHAZ partnered Strabane District Council in the funding of Telecare packages for older people in the Strabane area.</i></li> <li>❑ <i>WIFH funded 29 Telecare Packages for older people.</i></li> <li>❑ <i>WHAZ continued to support the development of social car schemes in the West.</i></li> </ul>
<p><i>Corporate/General</i></p>	<p><u>Cook It!</u></p> <ul style="list-style-type: none"> <li>❑ <i>Cook it! delivery funded in Neighbourhood Renewal areas in Omagh District</i></li> </ul> <p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ <i>HPD work in partnership with Neighbourhood Renewal Areas to improve health and wellbeing of local population for example Healthy Omagh, Triax, Outer North etc. in delivering against each Neighbourhood Renewal Area action plan.</i></li> </ul>

	<p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ <i>Through the NSDAD, the WDACT funds Westcare to deliver a Community Support Programme across the Western Board area. Two workers are employed to help communities identify alcohol and drug related issues within their communities and to develop local action plans to address those issues.</i></li> <li>❑ <i>The WDACT contributes to the Derry Civic Alcohol Forum</i></li> <li>❑ <i>WDACT is involved with the Night Time Economy Working Group in Limavady and the Alcohol Task Group in Strabane.</i></li> <li>❑ <i>WDACT, in partnership with Derry, Fermanagh, Limavady, Omagh and Strabane Community Safety Partnerships and the Community Safety Unit organised the seminar ‘a drop too far’. The aim of the seminar was to address issues around alcohol and anti-social behaviour, and to raise awareness of the relationship between alcohol and anti-social behaviour and the impact on local communities and services.</i></li> </ul>
<p><i>Key Developments</i></p>	<p><u>Tobacco Control Group</u></p> <ul style="list-style-type: none"> <li>❑ <i>Smoke Free legislation came into effect on the 30 April 2007. The WTTCG was at the forefront in highlighting the requirements, benefits and help address the challenges posed by the legislation.</i></li> </ul> <p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ <i>WDACT are facilitating the development of relationships with the 5 Community Safety Partnerships in the Western Board area, with the purpose of addressing alcohol and drug related anti-social behaviour.</i></li> </ul> <p><u>Adulthood Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>Continued development of West Tyrone Area Plan Health Impact Assessment</i></li> </ul>

**IFH Objective: 6 - To reduce accidental deaths and injuries in the home, workplace and collisions on the road**

**Key Issues – Home Safety, Safety at Work, RTAs**

<p><b>Early Years</b></p>	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ HPD Bee Safe Accident Prevention Initiative delivered in Limavady, Omagh, Fermanagh and Derry. Over 2391 Primary 6/7 pupils from over 74 schools attended.</li> <li>❑ HPD 2 x 1 day child safety in the home RoSPA training courses commissioned, including optional City &amp; Guilds accreditation for participants.</li> <li>❑ HPD coordinated Home Accident Prevention Foyle Child Safety Week primary school poster competition to all Derry City Council schools.</li> </ul> <p><u>Health Promotion Commissioner</u></p> <ul style="list-style-type: none"> <li>❑ HPC – Reports provided on accident experience of children under 5 and series of campaigns delivered in community settings in response to these. Information event held to share information with those who work with children</li> </ul>
<p><b>Teenage</b></p>	<p><u>Adulthood Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ 100 youths completing Roadwise Programme in WHSSB</li> <li>❑ Development of Emergency Services road safety initiative – purchase of capital equipment to demonstrate impact of Road Traffic Collisions.</li> </ul>
<p><b>Adulthood</b></p>	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ HPD supported the coordination for Altnagelvin Accident Prevention Seminar</li> <li>❑ HPD developed play safety exhibitions in Altnagelvin Hospital foyer, outpatients and A&amp;E areas for patients, staff and visitors over summer months.</li> <li>❑ HPD co-ordinated and delivered Fermanagh Home Accident and Prevention Child Safety Seminar for professionals</li> <li>❑ HPD co-ordinated Home Accident Prevention Foyle launch of Child Safety Week at Caw Community Centre highlighting availability of Thermostatic Mixer Valves to reduce accidental scalding in children</li> <li>❑ HP Coordinator facilitated Fermanagh HAP child safety days for parents of children under 5 in conjunction with Sure Start</li> </ul> <p><u>Tobacco Control Group</u></p> <ul style="list-style-type: none"> <li>❑ The WTCG assisted and advised workplaces including the WHSCT on policy development. This removes the</li> </ul>

	<p>dangers to health and environment caused by smoking in the workplace.</p> <ul style="list-style-type: none"> <li>❑ Reduction in smoking at home through smokers successfully quitting having received support from cessation services and/or brief intervention advice.</li> </ul> <p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ The WDACT funded a pilot project for Alcohol Liaison Nurses in the Accident and Emergency Departments of the General Hospitals across the Western Board Area. The nurses identified and assessed patients who presented to A&amp;E as a result of alcohol misuse and offered brief interventions.</li> <li>❑ The WDACT facilitated seminars for this project by having Professor Robin Touquet from St. Mary's Hospital, Paddington, to speak about the Alcohol Liaison Service to hospital staff. This project has received a very positive evaluation and we are looking at possible funding streams to continue and develop it further.</li> </ul> <p><u>Early Years Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ Information in the Ethnic Minority Welcome Pack includes rules of the Road- speed limits, which side to drive on, Laws regarding Tax, insurance and Licensing Laws.</li> </ul>
Later Years	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ HPD supported Foyle Home Accident Prevention Group run safety event for older people</li> <li>❑ HPD 1 x 1 day Older People Safety in the Home RoSPA training courses commissioned, including optional City &amp; Guilds accreditation for participants.</li> <li>❑ HP Coordinator facilitated Fermanagh HAP to deliver home safety messages at the Senior Citizens consortium AGM</li> </ul> <p><u>Later Years Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ WIFH supported the Omagh Interagency Group to host a one-day health and well being fair for Older People.</li> </ul>
Corporate/ General	<p><u>Cook It!</u></p> <ul style="list-style-type: none"> <li>❑ Inclusion of Food Hygiene qualification in Cook it! tutor training to ensure all tutors have the same minimum level of knowledge of prevention of food poisoning when cooking or handling food at home</li> <li>❑ Cook it! Risk Assessment produced by HPA to minimise risk to any participant with a food allergy who attends a Cook it! course.</li> </ul> <p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ HPD supported local Home Accident Prevention Groups to organise and deliver accident prevention initiatives in</li> </ul>

	<p><i>the Western area.</i></p> <ul style="list-style-type: none"> <li>❑ <i>HPD supported the Injury Prevention Information Officer to Altnagelvin A&amp;E Dept to increase flow of information about accident experience in the WHSCT area and support the implementation of effective evidence based injury prevention interventions.</i></li> <li>❑ <i>HPD HPSA addresses health and safety/accident prevention at school, at home and within their local community. Schools use outside agencies to assist with the delivery of accident prevention/personal development programmes</i></li> </ul> <p><u><i>Later Years Subgroup</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>WHAZ/WIFH funded the continuation and evaluation of the Western Home Safety Check Scheme. To date over 3000 home safety checks have been carried out across the West.</i></li> </ul> <p><u><i>Adulthood Subgroup</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>Response to NIFRS Road Safety Strategy</i></li> </ul>
<p><i>Key Developments</i></p>	<p><u><i>Tobacco Control Group</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>Smoke Free legislation came into effect on the 30 April 2007. The WTCG was at the forefront in highlighting the requirements, benefits and help address the challenges posed by the legislation.</i></li> </ul> <p><u><i>Older Peoples Subgroup</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>WHAZ in partnership with 5 District Councils developed a £1million bid “Western Home Environmental Assessment Project” to the Big Lottery’s Safe and Well Programme, which has successfully progressed to Stage 2.</i></li> </ul>

**IFH Objective: 7 - To enable people to make healthier choices**

*Key Issues – Health Promotion, Oral Health, Sexual Health, Physical Activity, Diet & Nutrition*

*Early Years*

*Cook It!*

- Nutrition information compiled by Cook it! Dietician for Field To Fork 'big book' resource.*
- Commencement of piloting of healthy eating workshops for primary school aged children by Nutrition work placement student with Cook it! project.*

*Health Promotion Department*

- HPD Smile 4 Life - Targets carers of the 0 – 5 age group with regards to oral health and dental registration and nutrition messages.*
- HPD co-ordination of the Munch Box Challenge, which targets 110 primary schools and aims to promote healthy eating habits and improve oral health.*
- HPD continues to support tooth brushing programmes (Class Smiles) in PFA targeted primary schools and the 321 programmes in all early years groups. These are delivered by CDS and HPD Oral Health Educators who aim to promote the main dental health messages and brushing technique in the school setting.*
- HPD co-ordinates Smile 4 Life that aims to promote the dental health and nutrition messages to parents of very young children at pre-school check-ups. The scheme is delivered by Health Visitors and all children will be seen at least 4 times before entry to primary school.*
- HPD co-ordinated dental trauma training for those responsible for children playing sport where dental injury may be a possibility. It aims to promote the use of mouth guards and the course has been developed in association with the British Red Cross and a local GDP. This year 70 people have attended training.*
- HPD co-ordinated the development of the Bank Your Smile project which aims to raise awareness of oral health messages among the parents and carers of children on the West Bank of the Foyle using a community development approach and in partnership with the 5 main community groups in this area.*
- HPD coordinated dental trauma training for those responsible for children playing sport where dental injury may be a possibility. It aims to promote the use of mouth guards and the course has been developed in association with the British Red Cross and a local GDP. This year 70 people have attended training.*
- HPD coordinated the distribution 25 'Active Steps to*

*Learning' packs to 25 schools throughout WHSCT area in an effort to increase physical activity levels amongst primary school aged children*

- ❑ *HPD delivered 'Games for all' to early years setting and education in the Western Trust area.*

#### *Tobacco Control Group*

- ❑ *The WTCG funded the Smokebusters campaign for primary school children. Approximately 5,500 pupils in the Board area became members of the Smokebusters club. Smokebusters aims to encourage young people not to start smoking.*
- ❑ *No Smoking Day materials are sent to primary schools and schools encouraged to run events in the run up to and during the day.*

#### *Health Promotion Commissioner*

- ❑ *HPC - Commissioned Playboard to deliver Positive Playgrounds initiative in 10 primary schools across the WHSSB area*

#### *Early Years Subgroup*

- ❑ *Continuation and Development of the Debt and Consumerism theme, tackling poverty, building capacity and raising awareness within communities and organisations.*
- ❑ *The Inclusive Play Project aims to improve access to play and physical activity for all children, ensuring inclusion for Children with Disabilities. The project will develop 2 outdoor, natural areas in the Strabane and Derry District Council areas. Over the next 2 years the project will be built on and Play for Children with Disabilities will be raised on the Agenda of a range of partners.*
- ❑ *Inclusive play Training will be cascaded across the Board area.*
- ❑ *HAZ continue to support developing projects for Migrant Workers and their families. To date the welcome pack (local information) is on the IFH Website in 12 languages.*
- ❑ *Working in partnership with CAB, a Chinese-speaking worker has accessed Welfare Rights Training and is now working through the CAB offices in Derry.*
- ❑ *Terms of Reference have been drawn up for a larger piece of Research into the Health needs of Migrant Workers and their families. This work will include a 3-year action plan, which will direct future work.*
- ❑ *WHAZ continue to support and chair the Young Fathers Steering Group. This lottery funded project, developed by HAZ and led by First Housing Aid and Support Services, aims to enable Young Fathers to develop a nurturing Relationship with their Children.*

	<p><u>Adulthood Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>WIFH development of Field to Fork Educational Resource. Developed for delivery to 194 primary schools and Health Promoting Homes/Cook It delivery organisations.</i></li> </ul>
<p><i>Teenage</i></p>	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ <i>HP Coordinator supports the Omagh Well-being consortium to deliver Healthy Omagh by encouraging healthy Lifestyles i.e. dance courses, smoking cessation sexual well-being for all the young people in Omagh District</i></li> <li>❑ <i>HPD coordinated the development and delivery of the Breastfeeding Education Pack in 49 Post primary schools, which aims to raise awareness and promote positive attitudes of breastfeeding among young teenagers.</i></li> </ul> <p><u>Tobacco Control Group</u></p> <ul style="list-style-type: none"> <li>❑ <i>The WTCG funded smoking cessation specialists from the WHSCT who linked with local schools to run cessation services for young people. This won a silver medal at the NI Health Care Awards.</i></li> <li>❑ <i>The WTCG commissioned a DVD entitled 'Think Twice This is a smoking cessation/prevention resource made by young people in the Western Board area for young people. It was disseminated to all secondary schools.</i></li> <li>❑ <i>The WTCG funded smoking cessation services along with campaigns such as no smoking day to encourage smokers to quit and teenagers not to start smoking.</i></li> <li>❑ <i>School nurses received training in brief intervention advice on smoking to help teenagers who smoke quit.</i></li> <li>❑ <i>The WTCG funded the delivery of Brief Intervention Smoking Cessation Training to dental staff in WHSSB area.</i></li> </ul> <p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ <i>WDACT under NSDAD fund community- based education and prevention programmes for vulnerable young people. In the Southern Trust Area it is delivered through the Ego Project and in the Northern Trust Area through the Divert Project.</i></li> </ul> <p><u>Health Promotion Commissioner</u></p> <ul style="list-style-type: none"> <li>❑ <i>HPC - Collaborative model for promotion of positive sexual health and well being, focusing on young people in rural Fermanagh. Brings together key stakeholders from education, pharmacy, ARC Healthy Living Centre, Midwifery (Specialist post for young parents), school health service, health promotion, Family Planning.</i></li> <li>❑ <i>HPC – whole school model for sexual health bringing together governors, staff, pupils, parents and service</i></li> </ul>

	<p><i>providers to provide a resilience approach to sexual health focusing on year10/11</i></p> <ul style="list-style-type: none"> <li>❑ <i>HPC – Development of a relationships and sexual health initiative to meet the needs of young parents in First Housing and neighbouring areas</i></li> </ul> <p><u><i>Adulthood Subgroup</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>Youth manifesto programme recruited 22 young people to identify and develop a manifesto on the issues that impact on their health and well-being. To be delivered to the NI Assembly and the 11 government departments.</i></li> </ul>
<p><i>Adulthood</i></p>	<p><u><i>Health Promotion Department</i></u></p> <ul style="list-style-type: none"> <li>❑ <i>HPD has written and piloted a course ‘Introduction to Health Promotion’. This course commenced in September 2007 and has since been delivered to 33 individuals from statutory and community backgrounds.</i></li> <li>❑ <i>HPD developed an oral health resource pack for Health Visitors and Health Professionals in partnership with dental and Health Promotion staff at EHSSB. This will provide information in line with all 4 recommendations</i></li> <li>❑ <i>HPD supports the Family Planning Association in the co-ordination of 6 Choices and Bout Ye personal development programmes in the community.</i></li> <li>❑ <i>HPD continues to work with the KISS (Knowledge Information and Sexual Health Skills) project worker.</i></li> <li>❑ <i>HPD sexual health services credit card directory has been revamped and distributed to community pharmacies as part of Valentine’s week.</i></li> <li>❑ <i>HPD currently linking with and promoting the WHSSB Pharmacy Department’s pilot involving Chlamydia screening and provision of EHC in pharmacies in Fermanagh and L’Derry.</i></li> <li>❑ <i>HPD organised and facilitated 2 Walk Leaders training courses to community, voluntary and statutory sectors</i></li> <li>❑ <i>HPD delivered 4 x Top tots and top start training delivered to childcare workers form the statutory, voluntary and private nurseries</i></li> <li>❑ <i>HPD facilitated the promotion of the ‘Get Active in the Community cash grant scheme’ in WHSCT area.</i></li> <li>❑ <i>HPD Phase 1 Lifeskills Project Evaluation Report completed in June and distributed to stakeholders. Recommendations were addressed.</i></li> <li>❑ <i>HPD - 12 Talking to your Children about Tough Issues Taster sessions were delivered to staff within targeted workplaces</i></li> <li>❑ <i>HPD Talking to your Children about Tough Issues courses were delivered to parents in Sure Start, Extended Schools Project and Mothers Union.</i></li> <li>❑ <i>HPD Lifeskills courses for practitioners took place. These included: Bounce Resource Training, Self Esteem, Handling Children’s and Adolescent Behaviour</i></li> </ul>

*and Talking to your Children about Tough Issues  
Practitioner Training*

- ❑ *HPD NCFE Level 2 Certificate in Drug Awareness Studies and their Applications completed. NCFE Level 1 Certificate in Drug Awareness piloted in January 2008*
- ❑ *HPD delivered 8 breast and cervical screening awareness sessions for local communities that included ethnic minorities, learning disabled and Trust staff.*
- ❑ *Through its Community Support Services Project, the HPD supported the initiation and development of the Omagh and Foyle Drugs and Alcohol Forums to support local communities identify and respond to local alcohol and drug related harm. It supports the on-going work of the Fermanagh Alcohol and Drugs Forum.- Lobbying for more and improved alcohol, and drug treatment services, introduction of Vintners voluntary code of practice in the Fermanagh area, supporting the work of the CSP in Fermanagh and Omagh.*
- ❑ *The CSS has assisted the following communities to develop action plans in response to the community identified alcohol and drug related harm:*
  - Shelter Sleight*
  - CKS*
  - Hospital Road*
  - Hunter Crescent Community Association*
  - Devenish Partnership*
  - Castlederg Youth Forum*
  - Omagh Support & self-help Group*
  - Fermanagh Rural Community Initiative*
  - Drugwiser family Support*
  - Caw*
  - Derry Travellers support Group*
  - Rainbow- gay & lesbian Group*
- ❑ *The CSS organised the Beyond Funding conference for community groups in the WHSSB area to support successful funding and explore sustainability.*
- ❑ *HPD supports the on-going work of the Foyle Tranquilliser Initiative to reduce inappropriate use of tranquillisers within the Foyle communities.*

*Tobacco Control Group*

- ❑ *The Western Tobacco Control Group funded smoking cessation support from smoking cessation service points available across the board area to help more than 2,700 smokers quit and remove the financial cost of smoking. This included pharmacies, which were able to prescribe Nicotine Replacement Therapies such as patches. Monitoring has shown that 26% of those attending cessation services were unemployed*
- ❑ *The WTCG assisted and advised workplaces including the WHSCT on policy development. This removes the dangers to health and environment caused by smoking in*

	<p><i>the workplace.</i></p> <ul style="list-style-type: none"> <li>❑ <i>The WTCG took a lead role in the development of the regional tobacco control e-learning programme for key workers helping smokers to quit.</i></li> <li>❑ <i>An intensive campaign was undertaken to elicit support for smoke free enclosed public places and workplaces and raise awareness on the effects of secondary smoke and the forthcoming legislation.</i></li> <li>❑ <i>The Tobacco Control Group commissioned the Bogside and Brandywell Health Forum to work with local communities, licensed premises and workplaces in the run up to the legislation to promote smoking cessation and protection from second hand smoke in an area of recognised economic deprivation. This included the production of a countdown to smoke free calendar, training for bar staff, development of cessation policies, smoke free premises and promotion of cessation services.</i></li> <li>❑ <i>The WTCG funded the delivery of Brief Intervention Smoking Cessation Training to dental staff in WHSSB area.</i></li> </ul> <p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ <i>WDACT through their community-based education and prevention programmes, support the education and information for parents on drug and alcohol related issues.</i></li> </ul> <p><u>Health Promotion Commissioner</u></p> <ul style="list-style-type: none"> <li>❑ <i>HPC – Commissioned Rainbow for the delivery of support services of the gay and lesbian community in the NW.</i></li> </ul> <p><u>Adulthood Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>Devenish Prevention and awareness of CHD Programme. Links up with GP and Pharmacists to develop referral process to an integrated primary prevention programme. Referrals increasing as programme progresses.</i></li> </ul>
<p><i>Later Years</i></p>	<p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ <i>HPD provided Dance Leadership Training for those working with older people in community settings</i></li> <li>❑ <i>HPD provided Moving to Music training for those working with less agile people in residential, nursing and day centres.</i></li> <li>❑ <i>HPD in partnership with Derry City Council sent a proposal to the Food Standard agency to assist in the promotion of healthy eating and food safety in older people in the Shantallow area of L'Derry. Project to target 35 individuals over the age of 50 initially. Funding to be confirmed early May 2008.</i></li> </ul>

	<p><u>Later Years Subgroup</u></p> <ul style="list-style-type: none"> <li>❑ <i>WIFH launched research into extrinsic barriers preventing older men from taking part in physical activity.</i></li> <li>❑ <i>WIFH developed a co-ordinated framework and associated handbook for the engagement of older men in physical activity.</i></li> <li>❑ <i>WIFH continues to chair project steering group to promote physical activity in older men.</i></li> <li>❑ <i>WIFH supported the Omagh Interagency Group in hosting a health and well being fair for older people.</i></li> </ul>
<p><i>Corporate/ General</i></p>	<p><u>Community Development Unit</u></p> <ul style="list-style-type: none"> <li>❑ <i>Community Development Unit has assisted in the recruitment of members of the Community &amp; Voluntary sector to train as master trainers to deliver a range of chronic disease self management programmes.</i></li> </ul> <p><u>Cook It!</u></p> <ul style="list-style-type: none"> <li>❑ <i>Demand for Cook it! continues to rise among all age groups, especially in Neighbourhood Renewal areas.</i></li> <li>❑ <i>Development of Food Values programme focussing on getting good nutritional value for money when shopping for food.</i></li> <li>❑ <i>Teaching session on Healthy Eating in pregnancy for L.A.S.T Surestart Ante-natal Day.</i></li> <li>❑ <i>Development of information for Cook it! tutors on including participants with coeliac disease at Cook it! sessions.</i></li> </ul> <p><u>Health Promotion Department</u></p> <ul style="list-style-type: none"> <li>❑ <i>HPD development of Breastfeeding Newsletter to be distributed widely to all antenatal clinic settings, individuals supporting breastfeeding mothers and all breastfeeding support groups</i></li> <li>❑ <i>HPD Food and Nutrition Policy/Leaflet - This policy provides guidelines on the provision of healthy food choices for staff, clients and patients. A leaflet is also available for use by staff, patients and clients.</i></li> <li>❑ <i>HPD training brochure is distributed to all community, statutory and voluntary sectors in the Western area every quarterly period</i></li> </ul> <p><u>WDACT</u></p> <ul style="list-style-type: none"> <li>❑ <i>The WDACT funded a convenience Advertising Campaign to support education / information about cocaine use. This ran over the Christmas period and had considerable press coverage. Two posters were used titled, 'It's nothing to be sniffed at' and 'Paranoid?' Posters were placed in 26 key venues across the Western Board Area, including all Further Education College sites. The focus of the Convenience Advertising Campaign has now changed to alcohol and will run over</i></li> </ul>

	<p><i>the St. Patrick's Day and Easter periods. The poster used was titled 'You don't have to be drunk to be doing real damage'.</i></p> <p><u><i>Adulthood Subgroup</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>RAFAEL project has challenged procurement policy to encourage HPSS to purchase high quality sustainable produce from local producers. Has been endorsed by Minister for Agriculture and Rural Development who has facilitated a number of cross-departmental meeting at Ministerial level on the RAFAEL Programme. Has recently met with minister of finance as well to encourage at a central procurement and policy level.</i></li> </ul>
<p><i>Key Developments</i></p>	<p><u><i>Health Promotion Department</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>HPD - It is anticipated the newly structured children young people oral health planning team will further develop oral health research.</i></li> </ul> <p><u><i>Tobacco Control Group</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>Smoke Free legislation came into effect on the 30 April 2007. The WTCG was at the forefront in highlighting the requirements, benefits and help address the challenges posed by the legislation.</i></li> </ul> <p><u><i>Later Years Subgroup</i></u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>WIFH to pilot a number of physical activity programmes for older men based on the co-ordinated framework document.</i></li> </ul>

## SECTION 5 – INVESTMENT PROFILE

<b>INCOME</b>	<b>2007/08</b>	<b>COMMENT</b>	<b>LEAD PARTNERS</b>	<b>IFH OBJECTIVE</b>	<b>GEOGRAPHY</b>
<i>DHSSPS Allocation</i>	<i>£306,783.00</i>				
<i>WHSSB R&amp;M Money</i>	<i>£20,000.00</i>	<i>Will be transferred under R&amp;M (WHSSB)</i>			
<i>Omagh/Strabane DC</i>	<i>£9,000.00</i>	<i>To cover HIA work</i>			
<i>Transfer from Fit Futures for F2F Project</i>	<i>£7,000.00</i>	<i>To match fund Rafael project</i>			
<i>HSENI</i>	<i>£1,000.00</i>	<i>For Media Awards</i>			
<i>Transfer from Mgt Costs</i>	<i>£36,000.00</i>	<i>Savings on running costs £17k already transferred over £11k identified + £6k + £2k</i>			
<i>NIHE</i>	<i>£6,500.00</i>	<i>For Later Years demonstration</i>			
<i>Access 2 Benefits</i>	<i>£2,000.00</i>	<i>For Later Years demonstration</i>			
<i>Home Safety (HPC)</i>	<i>£15,000.00</i>	<i>Will be transferred (WHSSB)</i>			
<b>Total Income</b>	<b>£403,283.00</b>				

<b>EXPENDITURE</b>	<b>2007/08</b>	<b>COMMENT</b>	<b>LEAD PARTNERS</b>	<b>IFH OBJECTIVE</b>	<b>GEOGRAPHY</b>
<b>Corporate</b>					
<i>Communications Strat &amp; Webpage</i>	<i>£1,578.00</i>	<i>Enhancement of website, annual report &amp; promotional materials</i>	<i>WIFH</i>	<i>Corporate</i>	<i>N/A</i>
<i>Media Awards Board wide</i>	<i>£4,366.00</i>	<i>Media Students Public Health Awards cheques 4000+ poster 216+ plaques 150</i>	<i>WIFH/FE Colleges</i>	<i>Corporate</i>	<i>Boardwide</i>
<i>Community Awards Scheme</i>	<i>£3,500.00</i>	<i>Community Excellence Award</i>	<i>WIFH</i>	<i>Corporate</i>	<i>Boardwide</i>
<i>Partnership Training &amp; Development</i>	<i>£5,616.00</i>	<i>Courses have been identified and members invited to register</i>	<i>WIFH</i>	<i>Corporate</i>	<i>N/A</i>
<i>HAZ Community Grant</i>	<i>£20,000.00</i>	<i>Community Support Programme led by HAZ</i>	<i>WHAZ</i>	<i>1,3,6,7</i>	<i>Boardwide</i>
<i>Co-Chair</i>	<i>£4,151.00</i>	<i>Baseline + 2.5% assumed</i>	<i>Koram Centre</i>	<i>Corporate</i>	<i>N/A</i>
<i>CEO Forum</i>	<i>£590.00</i>	<i>Meeting with Chief Officers</i>	<i>WIFH</i>	<i>Corporate</i>	<i>N/A</i>

<b>EXPENDITURE</b>	<b>2007/08</b>	<b>COMMENT</b>	<b>LEAD PARTNERS</b>	<b>IFH OBJECTIVE</b>	<b>GEOGRAPHY</b>
<i>H &amp; W Indicators</i>	<i>£6,895.00</i>	<i>Annual commitment linked to M&amp;E (red by 4205)</i>	<i>IFH P'ships</i>	<i>Corporate</i>	<i>N/A</i>
<i>Evaluation</i>	<i>£16,050.00</i>	<i>Midterm evaluation of WIFH plus extension</i>	<i>IFH Partnership</i>	<i>Corporate</i>	<i>Boardwide</i>
<i>Home Safety Project</i>	<i>£40,000.00</i>	<i>To sustain HS officers posts pending mainstreaming/capital grants</i>	<i>WGEHO</i>	<i>6</i>	<i>Boardwide</i>
<i>WASOP</i>	<i>£7917.00</i>	<i>To sustain WASOP post till September Conference</i>	<i>WIFH</i>	<i>Corporate</i>	<i>Boardwide</i>
<b>Total</b>	<b>£110,663.00</b>				

### **Early Years**

<i>Subgroup Activities</i>	<i>£929.00</i>	<i>The £3.5k transferred to Early Years Demonstration Project &amp; telegraph/posters</i>			
<i>Early Years Demonst Project</i>	<i>£56,389.00</i>	<i>Pay demonstration project (£71.337-£25k+£10k)</i>	<i>Groundworks</i>	<i>1,2,3,7</i>	<i>Boardwide</i>
<i>Health Promoting Homes Reform &amp; Mod</i>	<i>£49,511.00</i>	<i>Obesity Project</i>	<i>WHSSB</i>	<i>1,2,3,6,7</i>	<i>Boardwide</i>
<i>Bike Recycle Project</i>		<i>Scheme dropped as could not be delivered within timescale</i>	<i>C &amp; V</i>	<i>2,6,7</i>	<i>Derry City</i>
<b>Total</b>	<b>£106,829.00</b>				

### **Teenage Transition**

<i>Youth Manifesto Project</i>	<i>£10,000.00</i>	<i>To raise awareness of the needs of young people in WHSSB area</i>	<i>TBC</i>	<i>1,2,3,4,5,6,7</i>	<i>Boardwide</i>
<i>Roadwise</i>	<i>£13,000.00</i>	<i>To address RTAs providing advanced driving skills</i>	<i>IAM</i>	<i>6</i>	<i>Boardwide</i>
<i>NIFRS Life Programme Extension</i>	<i>£7,500.00</i>	<i>Training programme for young people known you Youth Justice System</i>	<i>NIFRS</i>	<i>2,7</i>	<i>Boardwide</i>
<i>BMI Support Project</i>	<i>£9,000.00</i>	<i>WHSCCT led Initiative</i>	<i>WHSCCT</i>	<i>7</i>	<i>Boardwide</i>
<i>Safe Drivers Awareness</i>	<i>£3,500.00</i>	<i>Linked into wider Roadwise programme</i>	<i>PSNI</i>	<i>6,7</i>	<i>Boardwide</i>
<i>Youth Alcohol Roadshow</i>	<i>£4,300.00</i>	<i>A pilot roadshow on the impact of alcohol</i>	<i>PSNI</i>	<i>2,3,6,7</i>	<i>Boardwide</i>
<i>CHD / Youth</i>	<i>£2,000.00</i>	<i>Roll-out of CRY in Strabane pilot</i>	<i>Strabane DC</i>	<i>7</i>	<i>Strabane DC</i>
<b>Total</b>	<b>£49,300.00</b>				

<b>INCOME</b>	<b>2007/08</b>	<b>COMMENT</b>	<b>LEAD PARTNERS</b>	<b>IFH OBJECTIVE</b>	<b>GEOGRAPHY</b>
<b>Adulthood</b>					
<i>HIA Demonstration</i>	£13,000.00	<i>HIA on West Tyrone Area Plan from the Councils</i>	<i>Strab/Omagh DC</i>	5	<i>Sperrin Area</i>
<i>Integrated CHD Prevention</i>	£20,000.00	<i>Details to be outlined</i>		3,7	<i>Boardwide</i>
<i>Field to Fork Awareness</i>	£14,750.00	<i>£7k from Fit Futures and £8k from IFH</i>	<i>Women in Agric</i>	1,2,5,7	<i>Boardwide</i>
<i>Carers Support Programme</i>	£4,000.00	<i>£2k each for Carer Support Orgs in Northern/Southern Sector</i>	<i>Carer Support</i>	1,2,3	<i>Boardwide</i>
<i>Diet/Nutrition Project ex-prisoners</i>	£500.00	<i>Support a pilot initiative help ex prisoners on lifestyle choices</i>	<i>Support Group</i>	1,2,6,7	<i>Strabane DC</i>
<b>Total</b>	<b>£52,250.00</b>				
<b>Later Years</b>					
<i>Roll-out of Physical Activity Report</i>	£5,517.00	<i>Publication of report and action plan to address recommendations</i>	<i>WIFH</i>	7	<i>Boardwide</i>
<i>Later Years Newsletter</i>	£-	<i>£1.5k transferred to rollout physical activity project</i>	<i>WIFH</i>	<i>Corporate</i>	<i>Boardwide</i>
<i>Transport Booklet</i>	£6,000.00	<i>Publication of an information booklet on transport provision for older people (+£4k)</i>	<i>WIFH</i>	1,6,7	<i>Boardwide</i>
<i>Engagement of older people project</i>	£2,000.00	<i>Commission SLSCC and Ally Foyle to engage with older peoples groups on needs</i>	<i>WIFH</i>	<i>Corporate</i>	<i>Boardwide</i>
<i>Later Years Demonstration project</i>	£38,700.00	<i>Housing, health and social needs of older people in rural priority areas</i>	<i>NIHE / Community</i>	1,3,4,5,7	<i>Sperrin Area</i>
<i>Home Safety Database</i>	£3,000.00	<i>Transfer info from HAZ records to RoSPA site</i>	<i>HAZ</i>	6	<i>Boardwide</i>
<i>Active Ageing Conference</i>	£4,000.00	<i>Awareness Programme</i>	<i>Ally Foyle</i>	1,2,3,6,7	<i>Boardwide</i>
<i>Telecare Support Packages</i>	£23,400.00	<i>Supporting older people in their homes.</i>	<i>HAZ</i>	1,3,6,7	<i>Boardwide</i>
<b>Total</b>	<b>£82,617.00</b>				
<b>Total Expenditure</b>	<b>£401,659.00</b>				
<b>Contingency</b>	<b>£1,624.00</b>				

## HEALTH PROMOTION STRATEGY SPEND 2007 – 2008

Source, funding & Cost centre	Goods / Service	Spend £
<b>Mental Health Strategy</b>  £88,000	Westcare HP – Lifeskills Programme	£16,000
	Westcare HP – Mental Health First Aid	£8,000
	Westcare HP – Getting It Together Programme	£5,000
	Westcare HP – Community Grants Scheme	£10,000
	Westcare HP – Consultation Event	£5,000
	Aware – Mood Matters	£5,000
	Foyle Tranquilliser Initiative	£16,000
	Surestart – Nurturing Parent Programme	£4,000
	Bereavement Counselling – Ally Foyle	£6,500
	Bereavement Counselling – Sperrin Lakeland Old People Consortium	£6,500
	WHSCCT HP – MH First Aid training for Ethnic Minorities	£5,000
	University of Ulster MH Conference	£1,000
	<b>Total</b>	
<b>Teenage Pregnancy / Sexual Health</b>  £146,000	WHSCCT – Nucleus Programme	£17,000
	WHSCCT – Teenscene Programme	£27,000
	WHSCCT – Midwifery Post –Erne – 6 months	£12,000
	WHSSB Pharmacy Pilots – Chlamydia Screening	£7,000
	Family Planning Assoc – Bout Ye & Choices Programmes	£26,000
	WHSCCT Health Promotion Dept Activities/Resources	£8,000
	Creggan (CNP) – Community based education project Northern & Southern sector – Schools training (St Cecelia's)	£5,000
		£7,000
	Rainbow Project – additional activity above SBA	£15,000
	<b>Total</b>	
<i>Amount Returned to DHSSPSNI</i>		<i>£15,000</i>
<i>Transferred to Fit Futures</i>		<i>£7,000</i>

<b>Source, funding &amp; Cost centre</b>	<b>Goods / Service</b>	<b>Spend £</b>
<b>Fit Futures &amp; Nutrition</b>  £88,000	Westcare HP – Healthy Lunch Box Project	£6,000
	Westcare HP – Nutritional Teaching Resources	£1,000
	Westcare HP – Breastfeeding awareness in Schools	£5,000
	Westcare HP – Policy Development Work	£3,000
	Westcare HP – Healthy Snacks Leaflets	£1,000
	Westcare HP – Health Promoting Schools Programme	£6,000
	Westcare HP – Top Tots & Top Start	£1,000
	WHSCCT – BMI Measurements (School Nursing)	£16,000
	WHSSB – HAZ Cook It! (Former NOF project)	£18,000
	Westcare HP – Community Grants	£12,000
	WHSCCT – Bone Fun Days (Southern Sector)	£4,000
	WHSCCT HP – Playboard – Playground Markings	£10,000
	IFH Initiatives – Field to Fork	£7,000
	Westcare HP – Resources for Capacity Building (Obesity Team)	£5,000
<b>Total</b>		<b>£86,000</b>
<b>Accident Prevention</b>  £52,000	A & E Research Staff – Altnagelvin & Erne	£11,000
	Westcare HP – Information Resources	£2,000
	RoSPA Training	£2,000
	Home Accident Prevention Groups	£5,000
	Westcare HP – Be Safe (Formally Streetsmart)	£4,000
	Nursery Schools Educational Programme	£2,000
	Home Safety Officers Equipment	£15,000
	Altnagelvin – Information project costs and event	£11,000
<b>Total</b>		<b>£52,000</b>
<b>Physical Activity</b>  £57,000	Westcare HP – Physical Activity Co-ordinator	£40,000
	Westcare HP – Action Plan	£17,000
	<b>Total</b>	

**WESTERN DRUGS & ALCOHOL AND  
WESTERN TOBACCO CONTROL GROUP  
SPEND 2007 – 2008**

<b>Source, funding &amp; Cost centre</b>	<b>Goods / Service</b>	<b>Spend £</b>
<b>WDACT</b>	Trust Alcohol Liaison Nurse	£14,000
	Trust Training Materials	£7,000
	Trust Street Drinkers Project	£3,000
	Promotional Activities	£13,376
	DHC Initiatives	£10,000
	Neighbourhood Renewal	£13,636
	Small Grants	£10,338
	<b>Sub Total</b>	<b>£71,350</b>
NSD Investment	Trust Young Peoples Counselling	£49,446
	Trust Community Support Project	£59,314
	Trust Training Project	£104,026
	Ego Treatment / Counselling	£71,264
	Ego Education Programme	£118,403
	Arc Support Services	£86,265
	Foyle Haven	£92,428
	Divert	£183,373
<b>Sub Total</b>	<b>£764,519</b>	
<b>Total</b>		<b>£835,869</b>

<b>Tobacco Control Group</b>	WSCT Smoking Cessation Nurses x 3	£103,000
	Altnagelvin CO Monitors	£6,000
	Trust Awareness Sessions	£2,000
	HP Cessation Services	£27,000
	Pharmacy Cessation Services	£54,000
	Oakleaf GP Youth Project	£1,750
	CO Monitors	£2,500
	UCF Smokebuster	£6,000
	No Smoking Day	£4,500
	Regional Seminar	£500
<b>Total</b>		<b>£207,250</b>

**FINANCIAL REVIEW OF FUNDING 2007/2008 OF  
WHSSB SUICIDE IMPLEMENTATION STRATEGY,  
THROUGH THE HEALTH IMPROVEMENT TEAM**

**Recurring**

1) Training & Development	£25,000
2) Supporting Families Bereaved by Suicide	£10,000
3) Youth Project	£10,000
4) Mental Health & Debt	£10,000
5) Strategy Liaison Officer	£9,000

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Sub Total    £64,000

**Non – Recurring**

1) Bereavement Sub- group	£5,000
2) Hope & Healing Conference	£10,000
3) Promotional Activity	£3,000

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Sub Total    £18,000

**TOTAL =    £ 82,000**

Although this area is managed by the Boards lead on commissioning for Children & Young People (including Mental Health Services), the Health Improvement Team lead on a number of key initiatives.

## SECTION 6 – STAFF LIST

### IFH Core Team

Brendan Bonner	IFH Manager
Séamus Mullen	IFH Assistant Manager
Joni Millar	IFH Co-ordinator
Ailish O'Neill	IFH Secretary

### Community Development Team

Martin Duffy	Acting Community Development Manager
Vacant	Interagency Co-ordinator
Vacant	Non-Financial Monitoring & Evaluation Officer
Caroline Ogilvie	CD/HP Secretary

### Health Promotion Team

Cathy Mullan	Health Promotion Commissioner
Barbara Ward	Senior Drug & Alcohol Coordinator
Denyse McCallion	Drug & Alcohol Co-ordinator
Helen Patterson	WDACT Secretary
Mark McBride	Tobacco Control Coordinator
Ann Robinson	Tobacco Control Secretary

### Health Action Zone / Cook It! Team

Siobhan Sweeney	HAZ Manager
Julie McGinty	Project Coordinator
Colette Brolly	Project Coordinator
Joanne Pollock	HAZ Secretary
Claire Holmes	Cook It! Dietician
Shauna Houston	Cook it! Development Officer
Ann Gallen	Cook it! Admin. Assistant

**Health Promotion Department, WHSCT**

Dr. Maura O'Neill	Head of Health Promotion
Majella Magee	Assistant Manager
Sandra Semple	Assistant Manager
Marie Dunne	HPO Mental Health
Ann Linstrom	HPO Sexual Health
Avril Morrow	HPO Nutrition
Sonia Montgomery	HPO Oral Health
Deborah Hunter	Physical Activity Coordinator
Barry McGale	Suicide Awareness Coordinator
Dermot Lynch	Suicide Awareness Coordinator
Lesley Finlay	HPO Schools
Eilish McCloskey	Lifeskills
Diarmuid O'Donnell	Primary Care
Fionnuala McKinney	Project Manger, DATP
Joanne Smith	CSW Drugs & Alcohol
Bronagh Donnelly	CSW Drugs & Alcohol
Donna McKinney	Oral Health Educator
Sarah Davidson	Health Development Worker
Michelle Friel	Business Support /Health Development Worker
Lorraine Kane	Officer Manager
Sandra Guy	Training HCO
Fiona Kerrigan	HCO
Patricia Concannon	Resources & Graphics Officer
Michael Robertson	Graphic Designer

## SECTION 7 – PARTNERSHIP LIST

### **Statutory Sector**

<i>Brendan Adams</i>	<i>NI Housing Executive</i>
<i>Dr Bill Mc Connell</i>	<i>WHSSB</i>
<i>John Moore</i>	<i>Dept Agriculture &amp; Rural Development</i>
<i>Paddy Cosgrove</i>	<i>Strabane DC</i>
<i>Noel Crawford</i>	<i>Limavady BC</i>
<i>Robert Gibson</i>	<i>Fermanagh DC</i>
<i>Barny Heywood</i>	<i>Omagh DC</i>
<i>Dominic Burke</i>	<i>WHSSB</i>
<i>Philip O'Doherty</i>	<i>Derry City Council</i>
<i>Deirdre McNamee</i>	<i>University of Ulster</i>
<i>Josephine Hasson</i>	<i>WELB</i>
<i>John McGarvey</i>	<i>WHSC</i>
<i>Diane Brennan</i>	<i>WHSC</i>
<i>Milton Kerr</i>	<i>PSNI</i>
<i>Paul McNaught</i>	<i>DSD</i>
<i>Eamon Gallagher</i>	<i>NIFRS</i>

### **Private Sector**

<i>Seamus McCaffrey</i>	<i>The Matrix, Omagh</i>
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### **Community Sector**

<i>Monica Coyle</i>	<i>Omagh Rural Forum</i>
<i>Caroline Ferguson</i>	<i>New Horizons - Fermanagh</i>
<i>Paddy McEldowney</i>	<i>Easilift Community Transport</i>
<i>Brenda MacQueen</i>	<i>Dry Arch Centre</i>
<i>Eamon O'Kane</i>	<i>Derry Healthy Cities</i>
<i>David Davis</i>	<i>Strabane Community Network</i>
<i>Jeff Barr</i>	<i>LSP Representative</i>
<i>Tony Doherty</i>	<i>Healthy Living Centres</i>
<i>Clionagh Boyle</i>	<i>Derry Children's Commission</i>
<i>Connor Keys</i>	<i>Omagh / Fermanagh LSP</i>
<i>Darren Boyle</i>	<i>Opportunity Youth</i>
<i>Anita Mukherjee</i>	<i>Women of the World</i>
<i>Fiona Murphy</i>	<i>Omagh Women's Aid</i>

### **WHSSC - User Interests**

<i>Frances Robson</i>	<i>WHSSC</i>
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